

Fish oils from cold water fish contain Omega-3 fatty acids. Ultra Omegas contains Country Life's highest concentration of DHA with 500 mg, complemented with 200 mg of EPA, all in only two softgels. Omega-3s are known to support brain health and function as well as support nervous system function.*** Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. See nutrition information for total fat content. As this product is derived from fish oil, it is third party tested for heavy metals and toxins, such as mercury and lead, to ensure purity and safety and contains no trans fatty acids.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Do not accept if seal is broken. Store between 59°-86° F.
Keep out of the reach of children.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER

NO YEAST OR CORN
NO WHEAT OR MILK
NO SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS
OR SWEETENERS
NO MAGNESIUM STEARATE

Lot No:

Best by:



This product has
been manufactured
at a GMP
Registered facility.

ESTABLISHED
— 1971 —
**Country
Life**

ULTRA OMEGAS DHA/EPA

Certified Gluten-Free



- 700 mg of Omega-3 fatty acids per serving
- Supports cardiovascular health***
- Supports brain health and brain function***
- Supports nervous system***

Dietary
Supplement

120 Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) softgels daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 softgels

Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	<2%*
Vitamin E (as d-alpha tocopherol)	4 I.U.	13%
Fish Oil Concentrate (from anchovy, mackerel, sardine, herring, tuna)	1,000 mg (1 g)	**
providing:		
DHA (Docosahexaenoic acid) (Omega 3)	500 mg	**
EPA (Eicosapentaenoic acid) (Omega 3)	200 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains fish (anchovy, mackerel, sardine, herring, tuna). 100% bovine gelatin, BSE-free. **CAUTION:** If you are pregnant or nursing, taking medication, or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured for Country Life, LLC
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CountryLifeVitamins.com • Product No. 4516
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