

MegaFood™

Fresh From Farm To Tablet™

Calcium, Magnesium & Potassium

Nourish • Strengthen • Enrich*

WHOLE FOOD MINERAL
DIETARY SUPPLEMENT



Supplement Facts

Serving Size 2 Tablets

Servings per Container 45

Amount per Serving		% DV ▼	
FoodState Nutrients 			
Calcium.....	(2000 mg†; <i>S. cerevisiae</i>)	100 mg	10
Magnesium.....	(1000 mg†; <i>S. cerevisiae</i>)	50 mg	13
Potassium.....	(3200 mg†; <i>S. cerevisiae</i>)	22 mg	1
Organic Trace Mineral Blend		60 mg	**
Organic Nettle Leaf, Organic Dandelion Root, Organic Parsley Leaf			

** % Daily Value (DV) not established

†Total Weight FoodState Nutrient to Deliver Daily Value

Other Ingredients: Plant Cellulose, Vegetable Lubricant.

Suggested Use: 2 tablets daily. May be taken anytime throughout the day, even on an empty stomach.

Made with Love by MegaFood, PO Box 325, Derry, NH 03038
To learn more, visit megafood.com or call 800.848.2542

MegaFood cares about doing things the right way – we refuse to take shortcuts, and we never compromise on quality or the things that matter. Since 1973, we have been going out of our way to source fresh and local foods from trusted farmers. We then make our wholesome supplements using our one-of-a-kind process to deliver the most authentic nutrition – much more than vitamins alone.

FoodState Nutrients™ are made with fresh and local foods. Crafted with our **Slo-Food Process™**, they deliver the most authentic nourishment available, which we believe the body recognizes as 100% whole food.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Rev: 15 06/13

Lot#:
Best
Before:

90
TABLETS
45
SERVINGS