

Acetyl-L-Carnitine (ALC) is a nutrient that occurs naturally in the body and is fundamentally important for energy generation by the mitochondria "energy factories" in our cells. The acetyl part of the molecule can be used to make acetylcholine, a key chemical messenger in the brain and all the other organs. ALC also is involved in regulating gene activity (epigenetics) and is a versatile protective nutrient for the nervous system.*

Essential for generating energy from foods*
Helps preserve nerve structure and function*
Promotes healthy mood*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**

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Doctor's BEST[®]

**Science-Based
Nutrition[™]**

**Dietary
Supplement**



Best Acetyl- L-Carnitine

PROMOTES HEALTHY MOOD*

500 mg / 120 Capsules

Supplement Facts

Serving Size 2 capsule

Servings per container 60 servings

	Amount per serving	% Daily Value
Acetyl-L-Carnitine	1000 mg	†
(from BIOSINT [™] Acetyl-L-Carnitine HCl)		

† Daily Value not established.

Other Ingredients: Stearic acid, cellulose, magnesium silicate, silicon dioxide, gelatin (capsule).

Suggested Adult Use: Take 2 capsules per day with meals. For additional benefit take 4 capsules per day, or more, as recommended by a nutritionally-informed physician.

Non-GMO and Gluten Free

Store in a cool dry place.

BIOSINT[™] Carnitines are manufactured in Rome, (Pomezia) Italy in a manufacturing facility fully owned & operated by Sigma-tau.



YDRB152-1