



F1325B
Rev: 1 01/14

Lot#:
Best
Before:

MegaFood™

Fresh From Farm To Tablet™

Complex C

Nourish • Protect
Renew



Supplement Facts

Serving Size 1 Tablet Servings per Container 180

Amount per Serving	% DV	▼
FoodState®† Orange Vitamin C	250 mg	417
Organic Bioflavonoid Complex Blend	120 mg	**
Organic Amla Fruit, Organic Rosehips, Organic Green Pepper, Organic Orange Peel		
FoodState®† Farm Fresh Fruit Phenolic Blend	35 mg	**
Uncle Matt's Organic Whole Oranges (natural source of bioflavonoids), Organic Blueberry (natural source of anthocyanins), Organic Cranberry (natural source of proanthocyanidins)		

** % Daily Value (DV) not established

† Includes Uncle Matt's Organic Whole Oranges

Other Ingredients: Organic Brown Rice, Plant Cellulose, Vegetable Lubricant, Silica.

Suggested Use: 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

Made with Love by MegaFood, PO Box 325, Derry, NH 03038
To learn more, visit megafood.com or call 800.848.2542

Uncle Matt's is a registered trademark of Uncle Matt's Organic, Inc.

About Uncle Matt's Organic

As 4th generation citrus growers, in Clermont, FL, the commitment to organic farming runs deep at Uncle Matt's! "We're passionate about growing a 'healthy generation' and believe that growing organic is the best way to farm," says Matt McLean. "We offer a line of bottled juices as well as organic citrus and produce."



Meet Matt McLean, CEO & Founder
Uncle Matt's Organic, Inc.

MegaFood cares about doing things the right way. Since 1973 we have been going out of our way to source fresh and local foods from trusted farmers like Uncle Matt's Organic. We then make our FoodState® nutrients and wholesome supplements using our one-of-a-kind Slo-Food Process™ to deliver the most authentic nourishment – much more than vitamins alone.

MegaFood will donate a portion of the profit from the sale of this product to Florida Certified Organic Growers and Consumers, Inc. To learn more visit www.megafood.com/supportsorganic