



F1238B
Rev: 20 05/12
Lot#: _____
Best Before: _____

MegaFood™

Fresh From Farm To Tablet™

Un-Stress®

Nourish • Calm • Focus*



30
TABLETS
15
SERVINGS

**WHOLE FOOD MULTIVITAMIN &
HERBAL DIETARY SUPPLEMENT**



Supplement Facts

Serving Size 2 Tablets Servings per Container 15

	Amount per Serving	% DV	
FoodState Nutrients			
Vitamin C.....	(1000 mg†; oranges)	250 mg	417
Thiamine (B-1).....	(80 mg†; <i>S. cerevisiae</i>)	20 mg	1333
Riboflavin (B-2).....	(200 mg†; <i>S. cerevisiae</i>)	20 mg	1176
Niacinamide.....	(240 mg†; <i>S. cerevisiae</i>)	60 mg	300
Vitamin B-6.....	(125 mg†; <i>S. cerevisiae</i>)	25 mg	1250
Folate.....	(40 mg†; broccoli)	400 mcg	100
Vitamin B-12.....	(24 mg†; <i>S. cerevisiae</i>)	120 mcg	2000
Biotin.....	(60 mg†; organic brown rice)	300 mcg	100
Pantothenic Acid.....	(240 mg†; <i>S. cerevisiae</i>)	60 mg	600
Zinc.....	(100 mg†; <i>S. cerevisiae</i>)	5 mg	33

Immune Health Blend..... 115 mg **
Organic Astragalus Root, Organic Eleuthero Root, Whole Orange (natural source bioflavonoids), Wild Blueberry (natural source anthocyanins), Cranberry (natural source proanthocyanidins), Organic Schisandra Berry

Un-Stress® Herbal Blend..... 90 mg **
Organic Ashwagandha Root, Organic Scullcap Leaf, Organic Chamomile Flower, Organic Ginger Root

** % Daily Value (DV) not established
†Total Weight FoodState Nutrient to Deliver Daily Value

Other Ingredients: Plant Cellulose, Vegetable Lubricant, Silica.
Suggested Use: 2 tablets daily. May be taken anytime throughout the day, even on an empty stomach.

MegaFood cares about doing things the right way – we refuse to take shortcuts, and we never compromise on quality or the things that matter. Since 1973, we have been going out of our way to source fresh and local foods from trusted farmers. We then make our wholesome supplements using our one-of-a-kind process to deliver the most authentic nutrition – much more than vitamins alone.

FoodState Nutrients™ are made with fresh and local foods. Crafted with our Slo-Food Process™, they deliver the most authentic nourishment available, which we believe the body recognizes as 100% whole food.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood,
PO Box 325, Derry, NH 03038
To learn more, visit megafood.com
or call 800.848.2542 Certified Gluten-Free by QAI