DIRECTIONS & USE

MIX 1 SCOOP (12g) INTO 8 FL-OZ WATER

in conjunction with a balanced exercise program, may contribute to

When used as part of your workout and recovery program the BCAAs can help promote muscle protein synthesis.†

NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF certification program are label claim review, a toxicology review to certify the formulation and contaminant review to ensure

Mix 1 scoop (12g) of Monster Amino 6:1:1™ with 8 fl-oz of water.

Monster Amino 6:1:1™ can be used before, during or after workouts





after exercise.†

IS SPORTS NUTRITION THAT STANDS FOR

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or stands for TRUTH: fully disclosed nutritional ingredients and no proprietary blends: POWER: efficacious formulations that enhance your performance; LIFE: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

BLUE RASPBERRY

NATURALLY & ARTIFICIALLY FLAVORED

BRANCHED-CHAIN AMINO ACID SUPPLEMENT MIX

- **PREPARE**
- **TRAIN ▶** RECOVER

CYTOSPORT MONSTER SERIES™





Supplement Facts

Servings Per Container 25

	Amount Per Serving		%DV
	Calories	20	
K	Total Carbohydrate	3 g	1%
	Protein	2 g	2%
	Vitamin B6 (as Pyridoxal-5-Phosphate)	5 mg	250%
K	Sodium	50 mg	2%
	Potassium	85 mg	2%
ľ	PepForm® Leucine-Enriched Whey Peptides	2 g	*
	L-Leucine	3.7 g	*

*Percent Daily Values (DV) are based on a 2,000 calorie diet

550 ma

**Percent Daily Value (DV) not established.			
Typical Amino Acid Profile			
L-Alanine	50 mg	*	
L-Arginine	15 mg	*	
L-Aspartic Acid	125 mg	*	
L-Cystine	25 mg	*	
L-Glutamic Acid	200 mg	*	
L-Glycine	15 mg	*	
L-Histidine	15 mg	*	
L-Isoleucine	750 mg	*	
L-Leucine	4,500 mg	*	
L-Lysine	90 mg	*	
L-Methionine	20 mg	*	
L-Phenylalanine	30 mg	*	
L-Proline	60 mg	*	
L-Serine	50 mg	*	
L-Threonine	75 mg	*	
L-Tryptophan	20 mg	*	
L-Tyrosine	30 mg	*	

OTHER INGREDIENTS: Natural and Artificial Flavors. Malic Acid Citric Acid Maltodextrin Potassium Citrate Sodium Citrate, Fruit and Vegetable Extract (Added for Color). Soy Oil and Lecithin Blend. Acesulfame Potassium, Sucralose, Silicon Dioxide (Anti-caking Agent), Dimethylpolysiloxane (Prevents Foaming) Carmine (Added for Color).

Contains ingredients derived from Milk and Soy. Manufactured by CytoSport, Inc., Benicia, CA 94510 PepForm® is a registered trademark of Glanbia PLC.

GLUTEN FREE

+ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

For Information on CytoSport Products or to report adverse effects call 1-888-298-6629 or email productquestions@cytosport.com CYTOSPORTMONSTER COM





