

DIRECTIONS & USE

MIX 1 SCOOP
(39g) INTO 8
FL-OZ WATER



25G
PROTEIN

NSF

*FREE ORIGINATED SUBSTANCES

NUTRIENT SUMMARY

15G
MILK PROTEIN
FROM MILK PROTEIN ISOLATE

10G
WHEY PROTEIN
FROM WHEY PROTEIN ISOLATE

A source of both casein and whey proteins. Casein digests more slowly than the rapidly digested whey proteins.†

Naturally rich in glutamine and the branched-chain amino acids leucine, isoleucine, and valine.†

125 MG
PROHYDROLASE®
DIGESTIVE ENZYMES

1G
ADDED L-LEUCINE

Supports the normal digestion of protein which yields peptides and amino acids, the building blocks of muscle protein.†

This amino acid helps stimulate muscle protein synthesis at the cellular level.†

IS SPORTS NUTRITION THAT STANDS FOR:

TRUTH POWER LIFE

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. **TRUTH**: fully disclosed nutritional ingredients and no proprietary blends; **POWER**: efficacious formulations that enhance your performance; **LIFE**: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

MONSTER

BLEND™

MILK PROTEIN & WHEY
PROTEIN ISOLATE
SUPPLEMENT MIX

► PREPARE
► TRAIN
► RECOVER

MONSTER
CYTOSPORT
MONSTER
SERIES™



CHOCOLATE
NATURALLY AND ARTIFICIALLY FLAVORED

NET WT 60 OZ (3.75 LBS / 1701G)

25G
PROTEIN

125 MG
PROHYDROLASE®
DIGESTIVE ENZYMES

NSF
*FREE OF
BANNED
SUBSTANCES

Supplement Facts

Serving Size 1 scoop (39g)
Servings Per Container About 43

	Amount Per Serving	%DV*
Calories	150	
Calories from Fat	25	
Total Fat	2.5 g	4%†
Saturated Fat	0.5 g	3%†
Cholesterol	15 mg	5%†
Total Carbohydrate	6 g	2%†
Dietary Fiber	2 g	8%†
Sugars	1 g	**
Protein	25 g	50%†
Calcium	400 mg	40%
Iron	1 mg	6%
Phosphorus	250 mg	25%
Sodium	60 mg	3%
Potassium	380 mg	11%
L-Leucine	1 g	**
Protease Enzymes (ProHydrolase®)	125 mg	**

*Percent Daily Value (DV) based on a 2,000 calorie diet.

**Percent Daily Value (DV) not established.

OTHER INGREDIENTS: Milk Protein Isolate, Whey Protein Isolate (Milk), Alkalized Cocoa Powder, Non-Dairy Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate [A Milk Derivative], Mono- and Diglycerides, Natural Tocopherols, Oil Fiber, Natural and Artificial Flavors, Sunflower Oil, Medium Chain Triglycerides, Xanthan Gum, Potassium Chloride, Soy Lecithin, Acacia Gum, Potassium, Silicon Dioxide (Anti-caking Agent), Sucralose, Stevia Extract.

Manufactured by CytoSport, Inc. Benicia, CA 94510

ProHydrolase® is a registered trademark of Deerland Enzymes, Inc.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



For information on CytoSport products or to report adverse effects call 1-888-238-6529 or email product.inquiries@cytosport.com
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