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**SUGGESTED USE**

SHAKE WELL BEFORE USING

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to four times per day. Best taken between meals.

Keep Out of the Reach of Children  
Store away from heat & light

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# WITCH HAZEL

**OPTIMAL WELL-BEING**



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

## Witch Hazel Liquid Extract

### Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Witch Hazel leaf & young twig

†

(*Hamamelis virginiana*)Ⓢ extract 685 mgⓈ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (42-52%), distilled water & certified organic vegetable glycerin. **GLUTEN-FREE**

Ⓢ Sustainably Wildcrafted

Ⓢ Equivalent to approx. 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

We prepare our Witch Hazel Extract from the leaf & young twig of *Hamamelis virginiana* shrubs which are **Sustainably Wildcrafted** in their natural Appalachian Mountain habitat.

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