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WILD INDIGO

OPTIMAL WELL-BEING

SUGGESTED USE

SHAKE WELL BEFORE USING

Add one full squeeze of the dropper bulb to
4 oz. of water or juice, three or four times per day.

Best taken between meals.

Caution: Seek expert medical advice before
taking during pregnancy.

Keep Out of the Reach of Children
Store away from heat & light



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Wild Indigo Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings Per Container: about 168

Amount Per Serving

647 mg

Wild Indigo root (*Baptisia tinctoria*) extract

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† Daily Value not established

Other Ingredients: certified organic cane alcohol
(50-60%) & distilled water. **GLUTEN-FREE**

- Ⓢ Sustainably Wildcrafted Ⓡ Fresh (undried)
Ⓢ Equivalent to approx. 350 mg of fresh herb.

Fresh herb / menstruum ratio: 1 : 2

We prepare our Wild Indigo Extract from fresh
(undried) root of *Baptisia tinctoria* plants which are
Sustainably Wildcrafted.

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