

**Vitamin B-6 plays a role in protein and energy metabolism and assists in the metabolism of homocysteine, an amino acid.\***

**NATURE'S BOUNTY**

**VITAMIN**

**B-6**

**50mg**

**Promotes Energy  
Metabolism &  
Nervous System  
Health\***



**DIRECTIONS:** For adults, take one (1) to two (2) tablets daily, preferably with meals.

## Supplement Facts

Servings Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin B-6	50 mg	2,500%
(as Pyridoxine Hydrochloride)		

**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose, Croscarmellose, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate.

Suitable for Vegetarians

No Artificial Color, Flavor or Sweetener,  
No Preservatives, No Sugar, No Starch, No Milk,  
No Lactose, No Soy, No Gluten, No Wheat, No Yeast,  
No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A.

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Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon. - Fri. 9 AM - 7 PM ET

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 1160 B12585 08D

**100 tablets** VITAMIN SUPPLEMENT

