

Riboflavin aids in the metabolism of carbohydrates, proteins, and fats to produce vital energy for the body.* Riboflavin also helps support healthy vision and skin.*

No Artificial Color, Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten,
No Wheat, No Yeast, No Fish. Sodium Free.



Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

For educational health tips and to join our money
saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by
the Food and Drug Administration. This product
is not intended to diagnose, treat, cure or pre-
vent any disease.



Healthy you
Healthy earth

Prod. No. 640 B640 08C

NATURE'S BOUNTY®

VITAMIN

B-2

100mg | Riboflavin

Supports Fat &
Energy Metabolism*

COATED
FOR EASY
SWALLOWING



100 tablets VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) to two (2)
tablets daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Riboflavin (Vitamin B-2)	100 mg	5,882%

Other Ingredients: Dicalcium Phosphate,
Vegetable Cellulose, Vegetable Magnesium
Stearate, Silica.

Suitable for Vegetarians

WARNING: If you are pregnant, nursing or taking
any medications, consult your doctor before use.
Discontinue use and consult your doctor if any
adverse reactions occur. Keep out of reach of chil-
dren. Store in a cool, dry place. Do not use if seal
under cap is broken or missing.

Carefully Manufactured by
NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A.
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