Country Life's Prosta-Max® for Men is a multifaceted complex that includes key

ingredients to provide nutritional support for men's health.** Prosta-Max® contains Saw Palmetto and Pygeum, along with 6 essential vitamins and 700 mg of amino acids for added support.**

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose. treat, cure or prevent any disease.

NO YEAST OR WHEAT

NO MILK OR SALT

NO PRESERVATIVES

NO ARTIFICIAL COLORS

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG

YES CERTIFIED VEGAN BY THE AVA

VES RECYCLARIE PACKAGING YES MANUFACTURING SUPPORTS WIND POWER

YES KOSHER

NO ARTIFICIAL FLAVORS

NO ARTIFICIAL SWEETENERS CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Lot No:

This product has been manufactured at a GMP Registered facility.

ESTABLISHED - 1971-Country Life

PROSTA MAX® FOR MEN

Certified Gluten-Free **MEN'S NUTRITIONAL COMPLEX**

- Includes saw palmetto and pygeum
- As well as 6 essential vitamins
- And 700 mg of amino acids



— Our PLEDGE of INTEGRITY —

Directions: Adult males take two (2) tablets daily before a meal. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts Serving Size 2 tablets

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	10,000 I.U 200%
Vitamin C (as ascorbic acid)	
Vitamin E (as d-alpha tocopheryl acid succinate)	200 I.U 667%
Thiamin (vitamin B1)(as thiamine hydrochloride)	25 mg 1,667%
Riboflavin (vitamin B2)	30 mg 1,765%
Vitamin B6 (as pyridoxine hydrochloride)	20 mg 1,000%
Calcium (as calcium carbonate)	142 mg 14%
Zinc (as zinc histidinate)	50 mg 333%
Copper (as copper amino acid chelate) [rice flour based]) .	3 mg 150%
Glycine (free form)	250 mg*
L-Glutamic Acid (free form)	250 mg*
L-Alanine (free form)	200 mg *
L-Alanine (free form)	200 mg *
Vegetable Oil Phytosterols (from soybean oil)	200 mg *
Vegetable Oil Phytosterols (from soybean oil)(seed) (Phytosterols 90%, Total Phytosterols	200 mg *
Vegetable Oil Phytosterols (from soybean oil) (seed) (Phytosterols 90%, Total Phytosterols 180 mg including 90 mg Beta Sitosterol)	200 mg* 200 mg*
Vegetable Oil Phytosterols (from soybean oil)	200 mg* 200 mg*
Vegetable Oil Phytosterols (from soybean oil) (seed) (Phytosterols 90%, Total Phytosterols 180 mg including 90 mg Beta Sitosterol)	200 mg*100 mg*

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, cellulose & glycerin coating, vegetable glaze. Contains soy

Manufactured by Country Life, LLC 180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA) Countryl ifeVitamins com Product No. 1600

* Daily Value not established.