

Country Life's Prosta-Max® for Men is a multifaceted complex that includes key ingredients to provide nutritional support for men's health.\*\* Prosta-Max® contains Saw Palmetto and Pygeum, along with 6 essential vitamins and 700 mg of amino acids for added support.\*\*

**\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG  
**YES** CERTIFIED VEGAN BY THE AVA  
**YES** RECYCLABLE PACKAGING  
**YES** MANUFACTURING SUPPORTS WIND POWER  
**YES** KOSHER

**NO** YEAST OR WHEAT  
**NO** MILK OR SALT  
**NO** PRESERVATIVES  
**NO** ARTIFICIAL COLORS  
**NO** ARTIFICIAL FLAVORS  
**NO** ARTIFICIAL SWEETENERS

**CAUTION:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Lot No:

Best by:



This product has been manufactured at a GMP Registered facility.

**K**

# PROSTA MAX® | FOR MEN

## Certified Gluten-Free MEN'S NUTRITIONAL COMPLEX

- Includes saw palmetto and pygeum
- As well as 6 essential vitamins
- And 700 mg of amino acids

Dietary Supplement **100** Tablets

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

ESTABLISHED  
— 1971 —  
**Country  
Life**

**Directions:** Adult males take two (2) tablets daily before a meal. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 2 tablets

Servings Per Container 50

| Amount Per Serving                                                                      | % Daily Value        |
|-----------------------------------------------------------------------------------------|----------------------|
| Vitamin A (as beta carotene).....                                                       | 10,000 I.U. ....200% |
| Vitamin C (as ascorbic acid).....                                                       | 250 mg .....417%     |
| Vitamin E (as d-alpha tocopheryl acid succinate).....                                   | 200 I.U. ....667%    |
| Thiamin (vitamin B1)(as thiamine hydrochloride).....                                    | 25 mg .....1,667%    |
| Riboflavin (vitamin B2).....                                                            | 30 mg .....1,765%    |
| Vitamin B6 (as pyridoxine hydrochloride).....                                           | 20 mg .....1,000%    |
| Calcium (as calcium carbonate).....                                                     | 142 mg ..... 14%     |
| Zinc (as zinc histidinate).....                                                         | 50 mg .....333%      |
| Copper (as copper amino acid chelate) [rice flour based]).....                          | 3 mg .....150%       |
| Glycine (free form).....                                                                | 250 mg .....*        |
| L-Glutamic Acid (free form).....                                                        | 250 mg .....*        |
| L-Alanine (free form).....                                                              | 200 mg .....*        |
| Vegetable Oil Phytosterols (from soybean oil).....                                      | 200 mg .....*        |
| (seed) (Phytosterols 90%, Total Phytosterols<br>180 mg including 90 mg Beta Sitosterol) |                      |
| Saw Palmetto (serenoa repens) (berry).....                                              | 100 mg .....*        |
| Pygeum (pygeum africanum)(bark).....                                                    | 100 mg .....*        |
| Stinging Nettle (urtica dioica) (leaf).....                                             | 100 mg .....*        |
| Lycopene (from tomato extract).....                                                     | 3 mg .....*          |

\* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, cellulose & glycerin coating, vegetable glaze. Contains soy

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
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