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When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party in vivo and / or in vitro model scientific research data findings for individual ingredients.



LEAN MASS

SHAKE



BLEND

**STIR**

ADD 5 SCOOPS TO
LARGE GLASS. STIR FOR
20-30 SECONDS OR
UNTIL THE POWDER IS
COMPLETELY DISSOLVED

BEPowerful®



STRENGTH^{††} • LEAN MASS[†] • MUSCLE[†]

BULK MUSCLE™

ANABOLIC MASS GAIN

DIET

ANABOLIC MASS GAINER⁺

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53

DIETARY

**MUSCLE / STRENGTH
BUILDING PROGRAMS†****POWER / ENDURANCE PROGRAMS†**

• MASS BUILDING PROGRAMS¹

53G PROTEIN
PER 5 SCOOPS

DIETARY SUPPLEMENT
NET WT. 5.8 LBS (2,640 GRAMS)

APPROX.
16
SERVINGS

MIX
1-2 SERVINGS
(5-10 SCOOPS) A DAY
AT BREAKFAST
AFTER WORKOUT OR
BETWEEN MEALS

53G
PROTEIN
PER 5 SCOOPS

5.7G
BCAA'S*

1G
GLUTAMINE

620
CALORIES

MIX

1-2 SERVINGS

AT BREAKFAST AFTER WORKOUT OR

**53G OF PROTEIN PER 5 SCOOPS!
1G OF GLUTAMINE**

Supplement Facts

Serving Size 5 Scoops (165 grams)
Servings Per Container Approx. 16

Amount Per Serving		% Daily Value
Calories	620	
Calories from Fat	50	
Total Fat	6 g	9%
Saturated Fat	3.5 g	18%
Cholesterol	215 mg	72%
Total Carbohydrate	88 g	29%
Dietary Fiber	0 g	0%
Sugars	9 g	**
Protein	53 g	106%
Calcium	900 mg	90%
Sodium	160 mg	7%
L-Leucine (naturally occurring from protein)	2.6 g	**
L-Isoleucine (naturally occurring from protein)	1.4 g	**
L-Valine (naturally occurring from protein)	1.7 g	**
Betaine (as Betaine anhydrous)	1 g	**
CLA Matrix (Proprietary) (as Coconut oil, Avocado oil, (CLA) conjugated linoleic acid, and (MCTs) medium chain triglycerides)	1 g	**
Glutamine (as L-glutamine, glutamine HCl and trans-4-ary(-)-glutamine)	1 g	**
Glycerol (as glycerol monostearate)	1 g	**

*Percent Daily Values are based on a 

**Daily Value not established

Other Ingredients: Starch blend (maltodextrin, cluster dextrin, sweet potato powder), Super Carb MASS Blend™ (milk protein concentrate, whey protein concentrate, milk protein isolate, whey protein isolate, natural and artificial flavors, coconut-based creamer, coconut oil, maltodextrin, food starch, mono- and diglycerides, tricalcium phosphate), gum blend (cellulose gum, xanthan gum, carboxymethyl, sucralose, acesulfame potassium, soy lecithin, flaxseed powder, and ProHydrolase® (proprietary patented enzyme blend).

Contains: Milk and soy.

MANUFACTURED IN A FACILITY THAT ALSO PROCESSES EGG, FISH, PEANUTS, TREE NUTS, AND WHEAT.

Please read entire label before use.

SUGGESTED USE: Take one (1) to two (2) servings (5-10 scoops) a day, depending on your goals, or as directed by a qualified healthcare practitioner. For example, one (1) serving at breakfast, another one (1) serving after exercise, and/or also between meals when required, or as directed by a qualified healthcare practitioner. Mix with 16-20 ounces of ice cold water in a blender or shaker cup.

BULK MUSCLE™ is exactly what you are looking for –

**A LEAN HARDCORE
MUSCLE BUILDING
GAINER.**

It delivers more protein, more carbohydrates, more calories and more quality **LEAN MUSCLE** in a powerful 5 scoop punch. Our amino profile is second to absolute none and provides substantial growth, recovery, and strength when you need it most. It is a monumental hardcore **GAINER** profile that helps to support even the most strenuous and intense workouts.[†]

 **MUSCLE BUILDING GAINER** **HIGH PROTEIN TO CARB RATIO** **EASY & DELICIOUS TO DRINK**

Manufactured for and Distributed By
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To report an adverse event or for more
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