



Sustainable Packaging from Rainbow Light

Another bottle kept out of the landfill

Multi-Fiber & Herb System to Support Daily Regularity, Promote Internal Cleansing and Maintain Healthy Cholesterol Levels

Over 3 grams of total fiber per serving from psyllium, guar gum and pectin.

Maintains Healthy Cholesterol Levels over 2 grams of soluble fiber from psyllium husk – the amount found in 1 serving of oatmeal. Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium husk may reduce the risk of heart disease.*

Supports Daily Regularity delivering prune powder, fiber and bulking ingredients that absorb toxins and encourage healthy elimination, plus comprehensive digestive support featuring plant-source enzymes, herbs traditionally used to stimulate digestion and reduce flatulence, and fructooligosaccharides (FOS), which act as food for beneficial bacteria.*

Promotes Internal Cleansing with chlorophyll and bentonite clay.*

SUGGESTED USAGE: Take 6 capsules, preferably on an empty stomach, 1/2 hour before or two hours after a meal. Take once or twice daily. Always take with 8 ounces of water or juice.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. **Contains no sugar or lactose.** *VeganGuard*® screened for vegans to be free of animal products.

ALLERGEN Free of Gluten, Yeast, Milk, Eggs, Soy, Nuts, *SafeGuard*® Fish/Shellfish and Wheat

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS
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100% Recycled 100% Recyclable

RAINBOW LIGHT®

Everyday Fiber System™



Food-Based Formula

Supports Daily Regularity

Promotes Internal Cleansing

Maintains Healthy Cholesterol Levels



90 **Vcaps**™



Dietary Supplement

To open, press along perforation

Supplement Facts

Serving Size 6 Capsules

	Amount Per Serving	%DV
Calories	17	
Total Carbohydrate	4 g	1%
Dietary Fiber	3 g	12%
Soluble Fiber	2 g	*
Insoluble Fiber	1 g	*
Psyllium [husk & seed]	2.5 g	*
Bentonite Clay	254 mg	*
Apple Pectin	190 mg	*
Guar Gum	63 mg	*
Herbal Blend	482 mg	*
Ginger [rhizome], Fennel [seed], Fenugreek [seed], Yellow Dock [root], Peppermint [herb]		
Plant-Source Digestive Enzymes		
Protease	780 HUT	*
Amylase	270 DU	*
Lipase	3 LU	*
Cellulase	3 CU	*
Whole Food Blend	330 mg	*
Prune (dried Plum) [fruit] Powder, Lemon Juice Powder		
Additional Ingredients		
Fructooligosaccharides (FOS)	11 mg	*
Chlorophyll	3 mg	*

% Daily Value (DV) based on a 2,000 calorie diet.

* DV not established.

Other Ingredients: cellulose, stearic acid (vegetable). Capsule: modified vegetable cellulose, water.

EarthFirst® PLA film utilizes Ingeo™

Digestion – The Foundation of Health

