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# BUILD-HD™

## MUSCLE BUILDING PRO CREATINE™

MAY PROMOTE:

LEAN MUSCLE

PERFORMANCE

STRENGTH

**ZERO SUGAR**

**DIETARY SUPPLEMENT**  
**NET WT 5.8 OZ (165 GRAMS)**



**Fruit Punch**

Natural and Artificial Flavors

**NO FILLERS • NO MALTODEXTRIN • ZERO SUGAR**

## Supplement Facts

Serving Size 1 Scoop  
Servings Per Container 30

| Amount Per Serving                                | % Daily Value |
|---------------------------------------------------|---------------|
| Creatine (as creatine monohydrate) 3 g            | **            |
| <b>BUILD-HD™ MATRIX (Proprietary Blend) 1.5 g</b> |               |
| L-Aspartic acid                                   | **            |
| Acetyl-L-carnitine (as acetyl-L-carnitine HCl)    | **            |
| Coenzyme Q10 (as ubiquinone)                      | **            |
| Alpha-GPC (as glycerylphosphorylcholine)          | **            |
| Phosphatidylcholine                               | **            |

\*\*Daily Value not established.

**Other Ingredients:** Silica, natural and artificial flavors, citric acid, sucralose, acesulfame-K, and FD&C Red No. 40.



Manufactured for and Distributed By:

BPI Sports, Hollywood, FL 33312.

To report an adverse event or for more information call:

954.906.0900 (tel) • [www.bpisports.net](http://www.bpisports.net)

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DO NOT USE BUILD-HD™ without first consulting your physician.

BUILD-HD™ is a Smart-based, Creatine enhanced powder formula aimed at increasing anabolic activity.\* This strong, concentrated formula utilizes NMDA-receptor activator, Aspartic Acid, in the L-isomer form (which is the only form directly incorporated as a proteinogenic building block of protein) ... L-Carnitine (as the bio-active Acetyl form which is reported to cross the blood-barrier) and Ubiquinone (the energy carrier antioxidant form of CoQ10), as a direct means of promoting cellular activity, metabolism, and transport ... as well as both Glycerylphosphorylcholine and Phosphatidylcholine, for delivery of Choline to the brain (to support up-regulation of Acetylcholine, the neurotransmitter acting in both the PNS and CNS).\* BUILD-HD™ is the only BPI Sports anabolic formula of this nature.\* BUILD-HD™ is a must have if you are looking to promote a stronger, bigger, and better looking physique.\*

**Suggested Use:** Take one (1) serving (1 scoop) blended into 8oz of ice-cold water, either before, during, or after workout, or as directed by a qualified healthcare practitioner. On non-training days, take one (1) serving (1 scoop) first thing in the morning, on an empty stomach, or as directed by a qualified healthcare practitioner.

**Warnings:** Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant. **KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.** Discontinue use two weeks prior to surgery.

\*When combined with a proper exercise and nutrition regimen. Statements based on early-stage independent 3rd party in vivo and / or in vitro model scientific research data findings for individual ingredients.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

