

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value
Vitamin A (as Beta-Carotene)	10,000 IU 200%
Vitamin C (as Ascorbic Acid, Ester-C® Calcium Ascorbate, Boron Ascorbate, Ascorbyl Palmitate, Potassium Ascorbate, Magnesium Ascorbate, Zinc Ascorbate and Manganese Ascorbate)	500 mg 833%
Vitamin D (as Cholecalciferol)	400 IU 100%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	200 IU 667%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3,333%
Riboflavin (Vitamin B-2) (as Riboflavin 5' Phosphate)	50 mg 2,941%
Niacin (as Niacinamide and Inositol Hexanicofinate)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin (as d-Biotin)	400 mcg 133%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate, Dicalcium Phosphate, d-Calcium Pantothenate, Ester-C® Calcium Ascorbate, Calcium Aspartate, Calcium Citrate, Calcium Ketoglutarate, Calcium Malate, Calcium Fumarate, Calcium Succinate, Calcium Histidine and Calcium Gluconate)	500 mg 50%
Iodine (from Kelp)	75 mcg 50%
Magnesium (as Magnesium Oxide, Aspartate, Succinate, Citrate, Malate, Ketoglutarate, Fumarate, Gluconate, Histidine and Ascorbate)	250 mg 63%
Zinc (as Zinc Citrate, Ketoglutarate, Malate, Succinate, Fumarate, Histidine, Picolinate, Aspartate, Monomethionine, Ascorbate and Gluconate)	25 mg 167%
Selenium (as L-Selenomethionine)	50 mcg 71%
Copper (as Copper Gluconate)	1 mg 50%
Manganese (as Manganese Gluconate, Succinate, Histidine, Aspartate, Citrate, Ascorbate and Amino Acid Chelate)	5 mg 250%
Chromium (as Chromium Picolinate)	50 mcg 42%
Potassium (as Potassium Citrate, Fumarate, Succinate, Malate, Aspartate, Ascorbate and Gluconate)	49.5 mg 1%
Boron Complex (as Boron Aspartate, Boron Citrate and Boron Ascorbate)	1 mg **
Methionine	18.75 mg **
Inositol	37.5 mg **
PABA (Para-Aminobenzoic Acid)	37.5 mg **
Choline Bitartrate	37.5 mg **
Rutin	25 mg **
Citrus Bioflavonoids (Citrus limon) (fruit)	150 mg **
Hesperidin (Citrus sinensis) (fruit)	25 mg **
Betaine Hydrochloride	25 mg **

Amount Per Serving	%Daily Value
Bromelain	8.25 mg **
Papain	8.25 mg **
Eleuthero Root (<i>Eleutherococcus senticosus</i>)	25 mg **
N-Acetyl-Cysteine	15 mg **
L-Glutamine	10 mg **
L-Taurine	5 mg **
Probiotic Complex (L-Acidophilus, L-Bulgaricus and B-Bifidum)	12.5 mg **
Coenzyme Q-10	3 mg **
Bee Pollen	16.5 mg **
Spirulina/Chlorella (Chlorophyllins)	30 mg **
Bee Propolis	16.5 mg **
L-Glutathione	10 mg **
Wheat Grass/Barley Grass (Chlorophyllins)	30 mg **
Borage Oil and Fish Oil (containing Omega-3 and Omega-6 Lipids)	233 mg **
Royal Jelly	3 mg **
Licorice Extract (Glycyrrhiza) (<i>Glycyrrhiza glabra</i>) (root)	12.5 mg **
Bilberry Extract (Anthocyanins) (<i>Vaccinium myrtillus</i>) (fruit)	12.5 mg **
Pycnogenol® (<i>Pinus pinaster</i>) (Maritime Pine Bark Extract)	5 mg **
Echinacea/Goldenseal (<i>Echinacosides</i>) (<i>Echinacea angustifolia</i>) (root)/(<i>Hydrastis canadensis</i>) (root)	30 mg **
Garlic (<i>Allium sativum</i>) (bulb)	55 mg **
Polyphenol Complex (Red Wine Extract, Green Tea Extract (<i>Camellia sinensis</i>) (leaf))	15 mg **
Vegetable Complex (From Beets, Yams, Celery, Brussels Sprouts, Carrots, Cauliflower, Broccoli)	50 mg **
Citrus Complex (From Lemon, Orange, Lime, Grapefruit)	50 mg **
Mushroom Complex (From Maitake, Reishi, Shiitake)	15 mg **
Vitamin Co-Factor Complex (Pyridoxal 5' Phosphate (Vitamin B-6 Co-Factor) and Pantothine (Pantothenic Acid Co-Factor))	3,330 mcg (3.3 mg) **
Lycopene	1,000 mcg (1 mg) **
Lutein (Purified from Extracted Marigolds)	1,000 mcg (1 mg) **
Alpha Lipoic Acid	1,000 mcg (1 mg) **
Tocotrienols	1,668 mcg (1.6 mg) **
Men's Bioactive Complex (Saw Palmetto Extract (<i>Serenoa repens</i>) (fruit), Cranberry Juice Extract (<i>Vaccinium macrocarpon</i>) (fruit), Pygeum (<i>Pygeum africanum</i>) (bark), Pumpkin (<i>Cucurbita pepo</i>) (seed), Rhodiola (<i>Rhodiola rosea</i>) (root))	100 mg **

**Daily Value not established.

OTHER INGREDIENTS: Vegetable Cellulose, Calcium Silicate, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Red Cabbage, Titanium Dioxide.

Contains wheat and fish (anchovy, menhaden, sardine) ingredients.

No Yeast, No Milk or Milk Derivatives, No Lactose, No Egg, No Sugar, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AMERICAN HEALTH®

More THAN A MULTIPLE™

WHOLE FOOD
CONCENTRATES

MULTIVITAMIN FOR MEN

Part No. 22-14810

AMERICAN HEALTH®

More THAN A MULTIPLE™

WHOLE FOOD
CONCENTRATES

MULTIVITAMIN FOR MEN

8 HOUR
TIMED
RELEASE

OMEGA 3 & 6 LIPIDS
Co Q-10
SAW PALMETTO

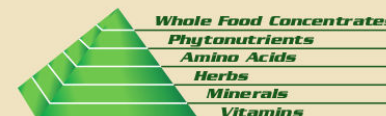


90 TABLETS

DIETARY SUPPLEMENT

Prod No. 14810

More Than A Multiple™ For Men is an energy-rich mega-potency multivitamin developed on the principle that concentrates derived from whole foods are really the best approach to proper nutrition in a supplement form. In addition to essential vitamins and minerals, More Than A Multiple™ For Men supplies your body with naturally occurring nutrients from whole foods not found in many supplements. These energy-rich whole foods work synergistically with other nutrients to provide extra nutritional support in one convenient formula.



More Than A Multiple™ For Men features a proprietary Bioactive Complex specifically developed for a man's physiology in an exclusive 8 hour timed-release formula. You can count on More Than A Multiple™ For Men for immediate and extended nutritional support hour after hour.

This mega-potency men's multivitamin featuring energy-rich whole food concentrates contains:

- Over 50 vitamins, minerals, amino acids, phytonutrients and herbs that work together to promote overall good health*
- Omega-3 and Omega-6 lipids, essential for balanced health*
- Natural whole food vegetable concentrate, citrus and mushroom complexes
- All the nutritional completeness you need daily for optimum wellness*

Directions: For adult men, take three (3) tablets daily, preferably before meals.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to bees, bee products, sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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