## B51 04A 22-75541

Part No. 22-75541

rait 140. 22-7554

## Supplement Facts

Amount Per Serving	%	Daily	Value
Vitamin A (as Beta-Carotene)	10,000	IU	200%
Vitamin C (as Ascorbic Acid, Ester-C® Calcium Ascorbate, Boror Palmitate, Potassium Ascorbate, Magnesium Ascorbat		, Asco	
Ascorbate, Manganese Ascorbate)	100	0.1	4.000/
Vitamin D (as Cholecalciferol) Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	400 200		100%
	1000000	-	667%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	37.5		2,500%
Riboflavin (Vitamin B-2) (as Riboflavin 5' Phosphate)	37.5		2,206%
Niacin (as Niacinamide and Inositol Hexanicotinate)	37.5	-	188%
Vitamin B-6 (as Pyridoxine Hydrochloride)	37.5		1,875%
Folic Acid		mcg	100%
Vitamin B-12 (as Cyanocobalamin)		mcg	625%
Biotin (as d-Biotin)		mcg	133%
Pantothenic Acid (as d-Calcium Pantothenate)	37.5	mg	375%
Gluconate and Calcium Histidinate)			
(as Ferrous Furnarate, Ketoglutarate, Bisglycinate, Succi	nate, Aspart	mg tate, Ar	83% nino Acid
(as Ferrous Fumarate, Ketoglutarate, Bisglycinate, Succi Chelate, Ascorbate, Citrate, Histidinate, Malate and C	nate, Aspar Gluconate)	tate, Ar	mino Acid
(as Ferrous Fumarate, Ketoglutarate, Bisglycinate, Succi Chelate, Ascorbate, Citrate, Histidinate, Malate and G lodine (from Kelp)	nate, Aspar iluconate) 75	tate, Ar	mino Acid 50%
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37.5 mg

37.5 mg

Citrus Bioflavonoids (Citrus limon) (fruit)	150		**
Hesperidin (Citrus sinensis) (fruit)	25	mg	**
Betaine Hydrochloride	25	mg	**
Bromelain	8.25	mg	**
Papain	8.25	mg	*1
Eleuthero Root (Eleutherococcus senticosus)	25	mg	**
N-Acetyl-Cysteine	15	mg	**
L-Glutamine	10	mg	**
L-Taurine	5	mg	**
Probiotic Complex (L-Acidophilus, L-Bulgaricus and B-Bifidum)	12.5	mg	**
Coenzyme Q-10	3	mg	**
Bee Pollen	16.5	mg	**
Spirulina/Chlorella (Chlorophyllins)	30	mg	**
Bee Propolis	16.5	mg	**
L-Glutathionine	10	mg	**
Wheat Grass/Barley Grass (Chlorophyllins)	30	mg	**
Fish Oil and Borage Oil (containing Omega-3 and Omega-6 Lipids)	233	mg	**
Royal Jelly	3	mg	**
Licorice Extract (Glycyrrhizin) (Glycyrrhiza glabra) (root)	12.5	mg	**
Bilberry Extract (Anthocyanins) (Vaccinium myrtillus) (fruit)	12.5	mg	**
Pycnogenol® (Pinus pinaster) (Maritime Pine Bark Extract)	5	mg	**
Echinacea/Goldenseal (Echinacosides) (Echinacea angustifolia) (root)/(Hydrastis canadensis) (ro		mg	**
Garlic (Allium sativum) (bulb)	55	mg	**
Polyphenol Complex (Red Wine Extract, Green Tea Extract (Camellia sinensis		mg ))	**
Vegetable Complex		mg	*1
(From Beets, Yams, Celery, Brussels Sprouts, Carrots, C			
Citrus Complex (From Lemon, Orange, Lime, Grapefruit)	50	mg	*
Mushroom Complex (From Maitake, Reishi, Shiitake)	15	mg	**
Vitamin Co-Factor Complex (Pyridoxal 5' Phosphate (Vitamin B-6 Co-Factor) and Pan Acid Co-Factor))		mcg (3.3 mg (Pantothen	
Lycopene	1,000	mcg (1 mg)	**
Lutein (Purified from Extracted Marigolds)		mcg (1 mg)	**
Alpha Lipoic Acid		mcg (1 mg)	**
Tocotrienols		mcg (1.6 mg	0 **

Other Ingredients: Vegetable Cellulose, Calcium Silicate, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Red Cabbage, Titanium Dioxide Color, Saffron.

Contains wheat and fish (anchovy, menhaden, sardine) ingredients.

No Yeast, No Milk or Milk Derivatives, No Lactose, No Egg, No Sugar, No Artificial Flavor, No Sodium.

\*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

AMERICAN (\*) HEALTH



WHOLE FOOD CONCENTRATES

**MULTIVITAMIN FORMULA** 

AMERICAN HEALTH



WHOLE FOOD CONCENTRATES

**MULTIVITAMIN FORMULA** 



OMEGA 3 & 6 LIPIDS LUTEIN & LYCOPENE LIPOIC ACIDS



120 TABLETS

DIETARY SUPPLEMENT

More Than A Multiple™ is an energy rich mega-potency

multivitamin developed on the principle that concentrates derived from whole foods are really the best approach to proper nutrition in a supplement form. In addition to essential vitamins adminerals, More Than A Multiple<sup>TM</sup> supplies your body with naturally occurring nutrients from whole foods not found in many supplements. These energy-rich whole foods work synergistically with other nutrients to provide extra nutritional support in one convenient formula.



With More Than A Multiple<sup>TM</sup>'s exclusive 8 hour timed-release formula, your body receives both immediate and extended nutritional support hour after hour!

This mega-potency multivitamin featuring energy-rich whole food concentrates contains:

• Over 50 vitamins minerals amine acids phytoputrients and

- Over 50 vitamins, minerals, amino acids, phytonutrients and herbs that work together to promote overall good health\*
- . Omega-3 & Omega-6 lipids, essential for balanced health\*
- Natural whole food vegetable concentrate, citrus and mushroom complexes
- All the nutritional completeness you need daily for optimum wellness\*

Directions: For adults, take three (3) tablets daily, preferably before meals.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you are allergic to bees, bee products, sunflowers or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately.

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PABA (Para-Aminobenzoic Acid)

Choline Bitartrate