

Prena¹

with Quatrefolic[®]

Gluten, Lactose
and Sugar-Free

50265-199-30

Prena¹

with Quatrefolic[®]

Prenatal Multivitamin with DHA

14 Vitamins, Minerals and
200 mg of Plant-based life'sDHA™

*DOCTOR-RECOMMENDED
for women planning a pregnancy,
pregnant or nursing*

BocaGreenMD

MARKETED AND DISTRIBUTED BY:

BocaGreenMD
Boca Raton, FL 33487
888.543.9160
www.BocaGreenMD.com

30 SOFTGELS
DIETARY SUPPLEMENT

Prena¹

with Quatrefolic[®]

Keep this product out of the reach of children. Keep in a cool, dry place, tightly closed.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B12 is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia, in that hematologic remission can occur while neurological manifestations remain progressive.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

CONTRAINDICATIONS: This product is contraindicated in patients with known hypersensitivity to any of the ingredients.

SUGGESTED USE: As a dietary supplement for pregnant and nursing women.

Take one softgel daily with a meal. For adults only. Consult your doctor before taking any supplement.

Supplement Facts

Serving Size: 1 Softgel

MULTIVITAMIN/MULTIMINERAL	Amount per Softgel	% Daily Value Pregnant and Nursing Women
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	21 IU	70%
Vitamin B1 (as thiamine mononitrate)	1.5 mg	88%
Vitamin B2 (as riboflavin)	1.7 mg	85%
Vitamin B3 (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	25 mg	1000%
Folate	1 mg	125%
Quatrefolic [®] ((5S)-5-methyltetrahydrofolic acid, glucosamine salt)	600 mcg	
Folic acid	400 mcg	
Vitamin B12 (as cyanocobalamin)	8 mcg	100%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Iron (as ferrous fumarate)	30 mg	167%
Zinc (as zinc oxide)	7.5 mg	50%
DHA (docosahexaenoic acid from algal oil)	200 mg	†
† % Daily Value Not Established		

OTHER INGREDIENTS: Gelatin capsule (gelatin, purified water, vegetable glycerin), high oleic sunflower oil, beeswax, glycerol monostearate, soybean lecithin, purified water, titanium dioxide, sunflower lecithin, rosemary extract, tocopherols and ascorbyl palmitate, D&C Red #33, FD&C Red #40, FD&C Blue #1, orange essential oil.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 5. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

life'sDHA[™] Quatrefolic[®]

life'sDHA is a trademark of Martin Biosciences Corporation.
Plant Pure Omega-3 is a trademark of Lung Naturals, Inc.
Quatrefolic is a registered trademark of SynGene Corp.
U.S. Patent Nos. 7,947,862, and other patents pending.



BOCA-0002.V2