

Prena¹

PLUS

with  Quatrefolic[®]

Gluten, Lactose
and Sugar-Free



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BocaMD
GREEN

MARKETED AND DISTRIBUTED BY:

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BOCA-0011

Prena¹

PLUS

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Keep this product out of the reach of children.
Keep in a cool, dry place, tightly closed.

WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B12 is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia, in that hematologic remission can occur while neurological manifestations remain progressive.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

CONTRAINDICATIONS: This product is contraindicated in patients with known hypersensitivity to any of the ingredients.



Life's DHA is a trademark of MetLife Bioresources Corporation.
Plant Pure Omega-3 is a trademark of Long Nutrition, Inc.
Quatrefolic is a registered trademark of Cincos SpA.
U.S. Patent Nos. 7,947,862, and other patents pending.

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Prenatal Multivitamin Plus DHA Softgel

Multivitamin Tablet
16 Vitamins and Minerals

DHA Softgel
300 mg of Plant-based life'sDHA[™]

DOCTOR-RECOMMENDED
for women planning a pregnancy,
pregnant or nursing

30 TABLETS + 30 SOFTGELS
DIETARY SUPPLEMENT

SUGGESTED USE: As a dietary supplement for pregnant and nursing women. Take one tablet and one softgel daily with a meal. For adults only. Consult your doctor before taking any supplement.

Supplement Facts

Serving Size 1 Tablet

MULTIVITAMIN/MULTIMINERAL	Amount per Tablet	% Daily Value Pregnant and Nursing Women
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	600 IU	150%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Vitamin B1 (as thiamine mononitrate)	3 mg	176%
Vitamin B2 (as riboflavin 5 phosphate sodium)	3.4 mg	170%
Vitamin B3 (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	25 mg	1000%
Folate	1 mg	125%
Quatrefolic [®] ((6S)-5-methyltetrahydrofolic acid, glucosamine salt)	600 mcg	
Folic acid	400 mcg	
Vitamin B12 (as cyanocobalamin)	12 mcg	150%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as calcium carbonate)	150 mg	12%
Iron (as iron amino acid chelate)	30 mg	167%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc amino acid chelate)	15 mg	100%
Copper (as copper amino acid chelate)	2 mg	100%

OTHER INGREDIENTS: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, titanium dioxide, hypromellose, inulin, medium chained triglycerides and natural orange flavor.

Supplement Facts

Serving Size 1 Softgel

DHA	Amount per Softgel	% Daily Value Pregnant and Nursing Women
Calories	10	
Calories from Fat	10	
Total Fat	1 g	†
Polysaturated Fat	.5 g	†
DHA (docosahexaenoic acid from algal oil)	300 mg	†

† % Daily Value Not Established

OTHER INGREDIENTS: Gelatin capsule (porcine gelatin, glycerin, purified water, carmine, annatto, caramel, titanium dioxide), high oleic sunflower oil, sunflower lecithin, rosemary extract, tocopherols and ascorbyl palmitate as antioxidants.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.