

Recommendation: Pregnant/nursing women chew 3 gummies daily.

Supplement Facts

Serving Size 3 Gummies

Servings Per Container 25

Amount per 3 Gummies	% DV
Calories	30
Total Carbohydrate	7 g 2%†
Sugars	5 g **
Vitamin A (as retinyl palmitate)	4,000 IU 50%
Vitamin C (ascorbic acid)	60 mg 100%
Vitamin D3 (as cholecalciferol)	600 IU 150%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU 100%
Thiamin (B1) (as thiamin HCl)	850 mcg 50%
Riboflavin (B2)	1 mg 50%
Niacin (B3) (as niacinamide)	20 mg 100%
Vitamin B6 (pyridoxine HCl)	3.75 mg 150%
Folic Acid (B9)	800 mcg 100%
Vitamin B12 (as cyanocobalamin)	12 mcg 150%
Biotin (B7)	300 mcg 100%

Amount per 3 Gummies % DV

Pantothenic Acid (B5) (as calcium d-pantothenate)	5 mg	50%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	3.75 mg	25%
Sodium	20 mg	<1%
Orchard Fruits™ & Garden Veggies™ Blend: (Fruit and Vegetable Powders: Plum; Pear; Apple; Beet; Strawberry; Cucumber; Tomato; Cranberry; Cherry; Cabbage; Carrot; Cauliflower; Blueberry; Grape Juice; Apricot; Papaya; Orange; Pineapple; Asparagus; Broccoli; Brussels Sprout; Celery; Green Bean; Spinach); Pomegranate (seed); Açai Extract (whole palm fruit)	150 mg	**
Docosahexaenoic Acid (DHA) (from Algal microalgae oil)	75 mg	**
Choline (as choline bitartrate)	10 mg	**
Boron	150 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other Ingredients: Dried Cane Syrup, Organic Tapioca Syrup, Pectin, Citric Acid, Sodium Citrate, Fractionated Coconut Oil (non-hydrogenated), Beeswax, Black Carrot Color, Natural Strawberry Flavor with Other Natural Flavors, Natural Lemon Flavor with Other Natural Flavors

PREMIUM FORMULA pectin gummies
sweetened with tapioca/dried cane syrups

- 14 vitamins/minerals, DHA, choline & boron
- Full B-vitamin complex (8 B-vitamins)
- Plant-sourced DHA to help support healthy eye and brain development*
- Orchard Fruits™/Garden Veggies™ blend†
- Delicious strawberry & lemon fruit flavors

Gluten Free. No gelatin, dairy, yeast, wheat, peanuts, eggs, artificial flavors or preservatives.

Satisfaction Guaranteed. Safety sealed for your protection. Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight. **Keep out of reach of children.**

©2015 Distributed by Nature's Way Brands, LLC
Green Bay, WI 54311 • Product of Canada

Questions? Call 1-800-9NATURE
or visit naturesway.com

life'sDHA® is a registered trademark
of DSM Nutritional Products.



*This statement has not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



LN10482.01
BLK3865

**PREMIUM
FORMULA**



Gluten Free • No Gelatin

Alive!

Prenatal GUMMY VITAMINS

Orchard Fruits™ • Garden Veggies™†
with Plant-Source DHA

†150 mg dried fruit/vegetable powder, extract and dried juice

COMPLETE MULTI-VITAMIN SUPPLEMENT 75 GUMMIES