Free of gluten · wheat · milk/dairy · nuts · soy · eggs · fish · shellfish · yeast · sugar · lactose · artificial additives.

#1 Natural Men's Multivitamin Brand JUST ONCE* 100% Recycled, 100% Recyclable, **BPA-Free Bottle.**

			I New Look.	
upplement	Fac	t s	Same Formula!	
	Amount Per Serving	%DV		
getable Juice Complex	10 mg	•		
4:1 extract, equivalent to 40 mg of vegetable powder) ale, Spinach, Dandelion Greens, Beet			11/	DAILING TO THE STATE OF THE STA
mplete Digestive Support	34 mg			RAINBOW LIGHT
rotease (664 HUT*), Amylase (226 DU*), Lipase (2 FIP*), ellulase (3 CU*)				
robioActive" (Bacillus coagulans)	25,000,000 CFU		1	
etaine HCI	10 mg			
Daily Value (DV) not established.				

Men's One™

Food-Based Multivitamin

Promot Easy to

	Pyridoxine HUI)	2
	Folic Acid	800
tes heart, prostate & sexual health* oosts energy & stamina levels*	Vitamin B-12 (as Cyanocobalamin)	25
	Biotin	150
digest with probiotics & enzymes*	Vitamin B-5 (as Calcium Pantothen	ate) 2
Gluten-Free Sov-Free	Calcium (as Carbon	nate) 5
30 Tablets Dietary Supplement	Magnesium (as Ox	kide) 2

Amount Per Serving		%DV	Amount Per Serving		%DV	
Vitamin A (as Beta- carotene, Palmitate)	5,000 IU	100%	Zinc (as Citrate) Selenium (as	20 mg	133%	
Vitamin C (as Ascorbic Acid) Vitamin D (as Da	120 mg	200%	Selenomethionine Amino Acid Chelate)	200 mca	2869	
Cholecalciferol) Vitamin E (as	800 IU	200%	Copper (as Amino Acid Chelate)	2 mg		
d-alpha Tocopheryl) Vitamin K (as	30 IU	100%	Manganese (as Citrate)	2 mg		
Phytonadione) Vitamin B-1 (as	100 mcg	125%	Chromium (as Amino Nicotinate)	200 mcg	1679	
Thiamin Mononitrate Riboflavin (Vitamin B-2)		1,667%	Molybdenum (as Amino Acid Chelat	e) 75 mcg	100	
Niacin (as Niacinamide) 25 mg 1,477 %		Choline (as Bitartrate) 20 mg				
Vitamin B-6 (as Pyridoxine HCI)		1,250%	Inositol Citrus Bioflavonoid	20 mg		
Folic Acid	800 mcg	200%	Complex	25 mg		
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%	Men's Strengthening Ble			
Biotin Vitamin B-5 (as	150 mcg	50%	(equivalent to 150 mg of food and herbal powder) Saw Palmetto [berry]			
Calcium Pantothenat Calcium (as Carbona		250% 5%	2:1 Extract, Organ Lycopene (from		8	

Serving Size: 1 Tablet

This product is not intended to diagnose, treat, cure or prevent any disease. www.rainbowlight.com

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL SYSTEMS® Santa Cruz, CA 95060 @2013 800 571 4701 SPINS Data

These statements have not been evaluated by the Food and Drug Administration.

SUGGESTED USAGE: For pure and potent protection, take one

Consult your health care professional prior to use if you are taking

Ingredients (natural mineral or vegetable source): microcrystalline cellulose, stearic acid nodified cellulose, silica. Coating: Vegetable food glaze (Hypromellose, MCT [coconut oil], inulin). Just one tablet energizes, strengthens, and protects

the major systems of a man's body.*

tablet per day, with or between meals,

KEEP OUT OF REACH OF CHILDREN.

medication or have a medical condition