

Molecularly Distilled | Guaranteed Purity

NORDIC



NATURALS®

- ✓ **Healthy Heart\***
- ✓ **Brain Health\***
- ✓ **Healthy Immunity\***

Great  
lemon  
taste!



# ARCTIC™ COD LIVER OIL

675 mg Omega-3

Omega-3 from wild Arctic cod  
for heart and brain health, and optimal wellness\*



Superior Triglyceride Form

Dietary Supplement | 1000 mg Soft Gels | 90 Count

## Supplement Facts

Serving Size: **3 Soft Gels**

Servings per container: **30**

| Amount Per Serving          | % Daily Value* |         |
|-----------------------------|----------------|---------|
| Calories                    | 27             |         |
| Calories from fat           | 27             |         |
| Total Fat                   | 3.0 g          | 5%      |
| Saturated Fat               | 0.6 g          | 3%      |
| Trans Fat                   | 0 g            | †       |
| Cholesterol                 | 10 mg          | 3%      |
| Vitamin A                   | 150-600 I.U.   | 3-12%   |
| Vitamin D                   | 1-12 I.U.      | 0.25-3% |
| Total Omega-3s              | 675 mg         | †       |
| EPA (Eicosapentaenoic Acid) | 225 mg         | †       |
| DHA (Docosahexaenoic Acid)  | 315 mg         | †       |
| Other Omega-3s              | 135 mg         | †       |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Ingredients:** purified arctic cod liver oil, soft gel capsule (gelatin, water, glycerin, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Our classic Arctic Cod Liver Oil™ has always been derived from 100% wild Arctic cod—no other fish oils or synthetic additives are ever used. Unlike fermented oils, our cod liver oils are manufactured to eliminate free fatty acids and prevent rancidity. They support the heart, brain, and nervous system, and promote optimal immune system function.\*

**Wild caught. Pure. No fishy aftertaste.**

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** Three soft gels daily, with food, or as directed by your health care professional or pharmacist.

**Store in a cool, dry place, away from sunlight**

**Do not take if tamper-evident seal is broken or missing**

**Product protected by U.S. patent #s 6346231 & 6641837**

**Keep out of the reach of children**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway.  
Distributed from the U.S. by:  
NORDIC NATURALS, INC.  
Watsonville, CA 95076  
**800.662.2544**  
nordicnaturals.com  
nordicnaturals.com/nongmo

