

Support for mind, body and spirit*

Supplement Facts

Serving Size 1 Packet (4.5 g)
Servings Per Container 1

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	15		Real Vanilla Chai Prebiotic Blend	2,860 mg	†
Total Carbohydrate	4 g	1%*	FOS (fructooligosaccharides) †, Organic Cardamom seed powder (Elettaria cardamomum), Allspice berry powder † (Pimenta dioica), Organic Cinnamon bark powder, Ginger root powder † (Zingiber officinale), Organic Vanilla bean powder (Vanilla planifolia), Organic Star Anise pods powder (Illicium verum), Holy Basil leaf extract † (Ocimum sanctum)		
Dietary Fiber	1 g	4%*			
Curcumin Synergy™ Blend	738 mg	†			
Organic Turmeric root powder (Curcuma longa), Turmeric root extract † (Curcuma longa) (delivering 42mg Curcumin from Turmeric)					
Gatu Kola leaf † (Centella asiatica)	489 mg	†			
Lemon Balm leaf † (Melissa officinalis)	403 mg	†			
Black Pepper fruit supercritical extract † (Piper nigrum)	12 mg	†			

† = Ecologically Harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Drive, Beavert, NC 28712
4.5 g packets (14 packets per carton)

Suggested Use

Adults take 1 packet daily. Add to your favorite milk or smoothie. Mix well and enjoy! Also try TurmericBoost Restore for everyday whole body support.* **Vegan. Unsweetened.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

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HERBS

Made with
Real Vanilla Chai

turmeric boost



uplift

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DIETARY SUPPLEMENT 14 - 0.16 oz (4.5 g) PACKETS NET WT 2.2 oz (63 g)