

Suggested Use

Adults take 1 heaping teaspoon daily. Add to a smoothie or your favorite milk. Mix well and enjoy!

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

meet your herbs[®]

Track the purity, integrity and potency of this product by entering the ID# at GaiaHerbs.com

Need plant-based fuel to power your life?



MACA

Maca Boost energizes your smoothie with herbs that support the energy and stamina you need throughout your day.*



HOLY BASIL

Our Vanilla Chai Boost starts with organic Peruvian Maca root, concentrated for potency and digestibility through a process known as gelatinization. We've added Holy Basil to help you focus and deal with daily stress.* Enjoy ingredients like real Vanilla and Cardamom, with no added sugar or flavorings.

gaia
HERBS

With HOLY BASIL
for stress support*

macaboot

ENERGIZE YOUR SMOOTHIE[†]

Plant-based performance enhancer*
REAL VANILLA-CHAI



DIETARY SUPPLEMENT

NET WT 8 oz (227 g)

Supplement Facts

Serving Size 7 g (Approx. 1 Heaping Teaspoon)
Servings Per Container About 32

Amount Per Serving

Calories	25
Organic Gelatinized Maca root powder (<i>Lepidium meyenii</i>)	5,137 mg†
Holy Basil leaf extract † (<i>Ocimum sanctum</i>)	265 mg†
Vanilla Chai Proprietary Blend	1,597 mg†
Organic Cardamom seed powder (<i>Elettaria cardamomum</i>), Organic Allspice berry powder (<i>Pimenta dioica</i>), Organic Cinnamon bark powder, Organic Ginger root powder (<i>Zingiber officinale</i>), Organic Vanilla bean powder (<i>Vanilla planifolia</i>), Organic Star Anise pods powder (<i>Illicium verum</i>)	

† Daily Value not established

† = Ecologically Harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712
Certified Organic by Oregon Tilth

Vegan • Unsweetened
No Gluten Containing
Ingredients • Soy-free

Find Quick, Easy and
Delicious Recipes at
GaiaHerbs.com/Recipes

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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