



100% Recycled

100% Recyclable

No Beef No Pork
FISH-GEL™
 100% Fish Gelatin

Comprehensive Omega Formula for Heart Health Support*

with naturally occurring omegas, including EPA and DHA at researched levels for cardiovascular health* supported by leading health organizations (AHA, ISSFAL and GOED). A full essential fatty acid profile necessary for healthy cell membrane function and normal inflammation response.*

Plant Sterol Esters promote normal cholesterol levels.* Foods containing at least 0.5 g per serving of phytosterols eaten with meals or snacks for a daily total intake of 2 g as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Omega Cardio Performance™ supplies .6 g of phytosterols.

Optimal dose of CoQ10 benefits heart muscle function and facilitates cellular energy. Helps keep blood flowing to feed organs and tissues while protecting against oxidation.*

Pure and Sustainable. Molecularly distilled fish oil from only small wild catch fish species from deep, cold Peruvian waters are more sustainable and purer than larger species. Hexane and solvent-free, molecularly distilled and third-party tested. Guaranteed free of heavy metals; toxins and PCBs. Rainbow Light® is a GOED member (Global Organization for EPA and DHA Omega-3 Fatty Acid) and abides by all Food and Agriculture Organization codes of conduct. **100% FishGel™ softgel** guaranteed free of beef and pork.

SUGGESTED USAGE: Take two softgels per day with or between meals. For stronger effects, take two, twice daily.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives found in vitamin products. Contains no sugar, lactose/dairy, wheat, gluten or yeast.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW LIGHT®

Omega Cardio Performance™

Researched EPA & DHA Levels
 Cholesterol Lowering† Plant Sterols
 100 mg CoQ10 & 1,000 IU Vitamin D₃

FISH-GEL™ Softgels

Dietary Supplement
 60 Softgels

To open, press along perforation.
 Please remove label before recycling.

Supplement Facts

Serving Size 2 Softgels

Servings per container: 30

	Amount Per Serving	%DV
Calories	30	
Calories from fat	21	
Total Fat	1 g	1%†
Vitamin D (as D ₃ Cholecalciferol)	1,000 IU	250%
Purified Deep Sea Fish Oil (from sardine, anchovy, mackerel)	920 mg	*
Omega-3 Fatty Acids		
Eicosapentaenoic acid (EPA)	286 mg	*
Docosahexaenoic acid (DHA)	248 mg	*
Other Omega 3-s	108 mg	*
Total Omega 3-s	642 mg	*
Omega-9 Fatty Acids (Oleic Acid, Eicosenoic Acid)	76 mg	*
Omega-6 Fatty Acids (Arachidonic Acid, Linoleic Acid, Gamma-linolenic Acid)	23 mg	*
Plant Sterol Esters	800 mg	*
Coenzyme Q10 (CoQ10)	100 mg	*
Lemon Essential Oil	10 mg	*

*Daily Value (DV) not established.

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: yellow beeswax, silica.

Softgel Shell: natural caramel color, Kosher 100% fish gelatin (Cat Fish, Nile Perch, Indian Carp, Shad, Grunt Fish, Tilapia), purified water, glycerin, natural carob color, zinc oxide. Contains soy.

KEEP OUT OF REACH OF CHILDREN. Consult your health care practitioner prior to use if you are pregnant, lactating, taking medication or have a medical condition.

Manufactured in Colombia

Formulated & Distributed by **Rainbow Light Nutritional Systems®**
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