

Contains NO: gluten • wheat • milk • lactose • tree nuts • peanuts • soy • eggs • fish • shellfish.

#1 Trusted Natural Vitamin Brand[†]

JUST1ONCE[®]

New Look,
Same
Formula!



Iron-Free
Just Once[®]

 Food-Based Multivitamin

Promotes heart, immune, brain & skin health[†]

Superfood energy & stress support[†]

Easy to digest with plant-source enzymes[†]

Gluten-Free | Soy-Free

120 Tablets | Dietary Supplement

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Please remove label to recycle bottle.
To open, press along perforation.

Supplement Facts

Serving Size: 1 Tablet
Servings per container: 120

	Amount Per Serving	%DV
Vitamin A (as Beta-carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid, Magnesium Ascorbate)	240 mg	400%
Vitamin D (as D ₂ Ergocalciferol)	400 IU	100%
Vitamin E (as D-alpha Tocopheryl)	30 IU	100%
Vitamin B-1 (as Thiamin Mononitrate)	6 mg	400%
Riboflavin (Vitamin B-2)	6 mg	353%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine)	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	25 mcg	417%
Biotin	300 mcg	100%
Vitamin B-5 (as Calcium Pantothenate)	30 mg	300%
Calcium (as Amino Acid Chelate)	30 mg	3%
Magnesium (as Glycinate, Ascorbate)	30 mg	8%
Zinc (as Citrate, Monomethionine)	5 mg	33%
Selenium (as Selenomethionine)	25 mcg	36%
Manganese (as Glycinate)	2.5 mg	125%
Chromium (as Amino Nicotinate)	50 mcg	42%
Molybdenum (as Aspartate)	12 mcg	16%
Potassium (as Citrate)	20 mg	<1%

Boron (as Citrate, Aspartate, Glycinate) (50 mcg*), Lemon Bioflavonoid Complex (60 mg*), Choline (as Bitartrate) (15 mg*), Inositol (15 mg*), Rutin (15 mg*), Hesperidin (10 mg*)

Food Enzyme Complex 37 mg *

Protease (1,188 HUT*), Amylase (93 DU*), Lipase (1 FIP*), Cellulase (1 CU*), Bromelain (12,000 PU*), Apple Pectin (20 mg*)

Superfood & Herbal Energy Complex 180 mg *

(equivalent to 360 mg of food and herbal powder) Organic Spirulina, Chlorella, 4:1 Vegetable & Herb Extracts: American Ginseng [root], Celery [seed], Horsetail [herb], Carrots, Kelp, Astragalus [root], Spinach, Parsley, Stinging Nettle [tops], Beets, Broccoli, Jujube [fruit].

*Daily Value (DV) not established.

Other Ingredients (natural mineral or vegetable source): cellulose, modified cellulose, stearic acid, silica. Coating: vegetable food glaze. (hydroxy propyl cellulose, pharmaceutical glaze).

Formulated & Distributed by **RAINBOW LIGHT NUTRITIONAL SYSTEMS[®]**
Santa Cruz, CA 95060 ©2014 800.571.4701 www.rainbowlight.com

Food-based multivitamin creates a difference you can feel – in just 1 tablet per day.* Complete nutritional support and antioxidant protection in a base of whole foods for easy digestion.* Iron-free and compatible with common prescription medications.

• Promotes heart, immune, brain & skin health[†]
Vitamins A, B6, B12, C, D, E • folic acid • zinc • selenium • choline • NO iron

• Boosts energy & helps manage occasional stress[†]

Superfood Energy Complex • B complex vitamins

• Easy to digest: can be taken on an empty stomach[†]

Plant-source enzymes • whole foods

SUGGESTED USAGE: Take 1 tablet daily, with or between meals.

KEEP OUT OF REACH OF CHILDREN. Consult your health care professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.