

gaia[®]
HERBS

Made with
Real Vanilla Chai

turmeric boost



restore

Your everyday whole
body support*

Quick, Easy & Delicious Recipes
at GaiaHerbs.com/Recipes

DIETARY SUPPLEMENT

NET WT 0.16 oz (4.5 g)

Supplement Facts

Serving Size 1 Packet (4.5 g)
Servings Per Container 1

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	15		Real Vanilla Chai Prebiotic Blend	3,696 mg	†
Total Carbohydrate	4 g	1%*	FOS (fructooligosaccharides) †, Organic Cardamom seed powder (<i>Elettaria cardamomum</i>), Allspice berry powder † (<i>Pimenta dioica</i>), Organic Cinnamon bark powder, Ginger root powder † (<i>Zingiber officinale</i>), Organic Vanilla bean powder (<i>Vanilla planifolia</i>), Organic Star Anise pods powder (<i>Illicium verum</i>), Holy Basil leaf extract † (<i>Ocimum sanctum</i>)		
Dietary Fiber	1 g	4%*			
Curcumin Synergy™ Blend	790 mg	†			
Organic Turmeric root powder (<i>Curcuma longa</i>), Turmeric root extract † (<i>Curcuma longa</i>) (delivering 42mg Curcumins from Turmeric)					
Black Pepper fruit supercritical extract 12 mg † (<i>Piper nigrum</i>)					

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

† = Ecologically Harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712

Suggested Use

Adults take 1 packet daily. Add to your favorite milk or smoothie. Mix well and enjoy! Also try *TurmericBoost Uplift* for support of mind, body and spirit.* **Vegan. Unsweetened.**

meet your herbs[®]

Track the purity, integrity and potency of this product by entering the ID# at GaiaHerbs.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

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