

**Your everyday
whole body support***

Supplement Facts

Serving Size 1 Packet (4.5 g)
Servings Per Container 1

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	15	Real Vanilla Chai Prebiotic Blend	3,696 mg †
Total Carbohydrate	4 g 1%*	FOS (fructooligosaccharides) †, Organic Cardamom seed powder (<i>Elettaria cardamomum</i>), Allspice berry powder † (<i>Pimenta dioica</i>), Organic Cinnamon bark powder, Ginger root powder † (<i>Zingiber officinale</i>), Organic Vanilla bean powder (<i>Vanilla planifolia</i>), Organic Star Anise pods powder (<i>Illicium verum</i>), Holy Basil leaf extract † (<i>Ocimum sanctum</i>)	
Dietary Fiber	1 g 4%*		
Curcumin Synergy™ Blend	790 mg †		
Organic Turmeric root powder (<i>Curcuma longa</i>), Turmeric root extract † (<i>Curcuma longa</i>) (delivering 42mg Curcumin from Turmeric)			
Black Pepper fruit supercritical extract 12 mg †			
† (<i>Piper nigrum</i>)			

† = Ecologically Harvested
Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712
4.5 g packets (14 packets per carton)

Suggested Use

Adults take 1 packet daily. Add to your favorite milk or smoothie. Mix well and enjoy! Also try *TurmericBoost Uplift* for support of mind, body and spirit.* **Vegan. Unsweetened.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.*

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HERBS

Made with
Real Vanilla Chai

turmeric boost



restore

Your everyday whole
body support*

• A delicious way to
get your Turmeric
every day.

• Convenient support
for a healthy body.*

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DIETARY SUPPLEMENT 14 – 0.16 oz (4.5 g) PACKETS NET WT 2.2 oz (63 g)