

Suggested Use

Adults take 1.5 teaspoons daily. Add to your favorite milk or smoothie. Mix well and enjoy! Also try *TurmericBoost Uplift* for support of mind, body and spirit.*

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.

meet your herbs®

Track the purity, integrity and potency of this product by entering the ID# at GaiaHerbs.com

Your daily whole body support*

TurmericBoost Restore provides a foundation for wellness.* Whole food Turmeric supports a strong heart, liver function and a healthy inflammatory response.* Combined extracts of Turmeric and Black Pepper help your body utilize the Curcumin compounds in Turmeric.* A prebiotic blend delivers more than great taste, it feeds the intestinal flora that help maintain your natural defenses.*

Vegan. Unsweetened.
Find recipes at GaiaHerbs.com/Recipes

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Made with
Real Vanilla Chai

**turmeric
boost**



restore

Your everyday whole body support*

DIETARY SUPPLEMENT NET WT 5.29 oz (150 g)

Supplement Facts

Serving Size 4.5 g (Approx. 1.5 Teaspoons)
Servings Per Container About 33

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	15		Real Vanilla Chai Prebiotic Blend	3,496 mg	†
Total Carbohydrate	4 g	1%*	FOS (fructooligosaccharides) †, Organic Cardamom seed powder (<i>Elettaria cardamomum</i>), Allspice berry powder † (<i>Pinetta dioica</i>), Organic Cinnamon bark powder, Ginger root powder † (<i>Zingiber officinale</i>), Organic Vanilla bean powder (<i>Vanilla planifolia</i>), Organic Star Anise pods powder (<i>Illicium verum</i>), Holy Basil leaf extract † (<i>Ocimum sanctum</i>)		
Dietary Fiber	1 g	4%*			
Curcumin Synergy™ Blend	790 mg	†			
Organic Turmeric root powder (<i>Curcuma longa</i>), Turmeric root extract † (<i>Curcuma longa</i>) (delivering 42mg Curcumin from Turmeric)					
Black Pepper fruit supercritical extract † (<i>Piper nigrum</i>)	12 mg	†			

† = Ecologically Harvested
Manufactured for: Gaia Herbs, Inc.
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