

34 mm Cap-Free Area

100% Recycled



100% Recyclable

New Improved Formula!

No Beef No Pork
FISH-GEL
 100% Fish Gelatin

Complete Omega Support from both Fish and Organic Flax Oil

Now a More Concentrated, Pure Deep Sea Fish Oil delivers the research based level of 502 mg Omega 3 fatty acids, including increased EPA and DHA levels, for overall cardiovascular and brain health support.* We use only small fish species which are naturally purer and more sustainable than larger fish species.

2 Servings of Fish per Week – just one FishGel™ soft gel daily delivers the American Heart Association's dietary equivalent of Omega 3 EPA & DHA from fish per week. Omegas from both fish and plant sources provide whole body support in one product.

100% Organic Flax Oil is cold pressed and extracted without solvents to deliver high levels of ALA which support the overall Omega 3 fatty acid levels in your body. Flax oil has been recognized as nature's most abundant source of vegetable-based Omega 3 fatty acids. Non-GMO and grown in North America.

200 IU of Vitamin D3 promotes bone, muscle and circulatory health.*

FishGel™ softgels are 100% fish gelatin and guaranteed free of beef, pork and hexane. Lemon, rosemary and parsley oils promote easy digestion without burpback.

SUGGESTED USAGE: Take one softgel daily with or between meals, or as desired.

Purity Guarantee: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and additives. Contains no sugar, lactose/dairy, wheat, gluten or yeast.

KEEP OUT OF REACH OF CHILDREN. Consult a healthcare professional prior to use if you are pregnant, lactating, taking medication or have a medical condition.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RAINBOW LIGHT®

Everyone's Omega Fish & Flax™

One Daily = 2 Fish Servings per Week

646 mg Pure Fish Oil & 200 mg Organic Flax Oil

Potent DHA, EPA & ALA

FISH-GEL Softgels

Dietary Supplement
 60 Softgels

To open, press along perforation.

Supplement Facts

Serving Size 1 Softgel
 Servings per container: 60

	Amount Per Serving	%DV
Calories	10	
Calories from fat	10	
Total Fat	1 g	1%†
Vitamin D (as D3 Cholecalciferol)	200 IU	50%
Total Fish and Flax Oil	846 mg	*
Purified Deep Sea Fish Oil (from anchovy and/or sardine)	646 mg	*
Organic Flax Oil	200 mg	*
Omega-3 Fatty Acids	502 mg	*
Eicosapentaenoic acid (EPA)	200 mg	*
Docosahexaenoic acid (DHA)	175 mg	*
Alpha-linolenic acid (ALA)	100 mg	*
Other Omegas	27 mg	*
Omega-9 Fatty Acids (Oleic Acid)	25 mg	*
Omega-6 Fatty Acids (Linoleic Acid)	25 mg	*
Lemon Essential Oil	14.5 mg	*
Parsley Seed Oil	10 mg	*
Rosemary Essential Oil	3.4 mg	*

* Daily Value (DV) not established.

† Percent Daily Values (DV) are based on a 2,000 calorie diet.

Softgel Shell: 100% Fish gelatin (Cat Fish, Nile Perch, Indian Carp, Shad, Grunt fish, Tilapia), purified water, glycerin.

Manufactured in Colombia
 Formulated & Distributed by **Rainbow Light Nutritional Systems®**
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