

Molecularly Distilled | Guaranteed Purity

Our classic Arctic Cod Liver Oil™ has always been derived from 100% wild Arctic cod—no other fish oils or synthetic additives are ever used. Unlike fermented oils, our cod liver oils are manufactured to eliminate free fatty acids and prevent rancidity. They support the heart, brain, and nervous system, and promote optimal immune system function.\*

**Wild caught. Pure. No fishy aftertaste.**

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** One teaspoon daily, with food, or as directed by your health care professional or pharmacist.

**Do not take if tamper-evident seal is broken or missing.**

**Refrigerate after opening**

**Best if used within 3 months after opening**

**Keep out of the reach of children**

**Warning:** Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Fish oil processed in Norway.  
Distributed from the U.S. by:  
NORDIC NATURALS, INC.  
Watsonville, CA 95076  
**800.662.2544**  
[nordicnaturals.com](http://nordicnaturals.com)  
[nordicnaturals.com/nongmo](http://nordicnaturals.com/nongmo)

NORDIC NATURALS®



- Healthy Heart\***
- Brain Health\***
- Healthy Immunity\***

Great  
peach  
taste!



## Supplement Facts

| Serving Size: 1 Teaspoon (5 mL) | Servings per bottle: 48 |                    |       |
|---------------------------------|-------------------------|--------------------|-------|
| Amount Per Serving              | % DV <sup>1</sup>       | % DV <sup>2*</sup> |       |
| Calories                        | 45                      |                    |       |
| Calories from fat               | 45                      |                    |       |
| Total Fat                       | 5.0 g                   | †                  | 8%    |
| Saturated Fat                   | 1.0 g                   | †                  | 5%    |
| Trans Fat                       | 0 g                     | †                  | †     |
| Cholesterol                     | 20 mg                   | †                  | 7%    |
| Vitamin A                       | 230-920 I.U.            | 9-37%              | 5-18% |
| Vitamin D                       | 0-20 I.U.               | 0-5%               | 0-5%  |
| Total Omega-3s                  | 1050 mg                 | †                  | †     |
| EPA (Eicosapentaenoic Acid)     | 350 mg                  | †                  | †     |
| DHA (Docosahexaenoic Acid)      | 485 mg                  | †                  | †     |
| Other Omega-3s                  | 215 mg                  | †                  | †     |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

1 Daily Value (DV) for children under 4 years of age.

2 Daily Value (DV) for adults and children over 4 years of age.

**Ingredients:** purified arctic cod liver oil, natural peach flavor, d-alpha tocopherol, rosemary extract (a natural preservative). No gluten, milk derivatives, or artificial colors or flavors.

Rev. F-01



Superior Triglyceride Form

Dietary Supplement | 8 fl oz/237 mL