

Suggested Use

Adults take 1 heaping teaspoon daily. Add to a smoothie or your favorite milk. Mix well and enjoy!

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Rhodiola should not be taken by individuals with bipolar disorder. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place.*

meet your herbs[®]

Track the purity, integrity and potency of this product by entering the ID# at GaiaHerbs.com

Need plant-based fuel to power your life?



MACA



RHODIOLA

Maca Boost energizes your smoothie with herbs that support the energy and stamina you need throughout your day.*

Our Cacao Ginger Boost starts with organic Peruvian Maca root, concentrated for potency and digestibility through a process known as gelatinization. We've added Rhodiola to naturally support endurance and recovery.* Enjoy real ingredients like Ginger root and raw Cacao, with no added sugar or flavorings.

gaia
HERBS

With RHODIOLA
to support endurance*

maca*boost*

ENERGIZE YOUR SMOOTHIE*

Plant-based performance enhancer*
REAL CACAO-GINGER



DIETARY SUPPLEMENT NET WT 8 oz (227 g)

Supplement Facts

Serving Size 7 g (Approx. 1 Heaping Teaspoon)
Servings Per Container About 32

Amount Per Serving

Calories	25
Organic Gelatinized Maca root powder (<i>Lepidium meyenii</i>)	5,144 mg†
Siberian Rhodiola root extract † (<i>Rhodiola rosea</i>)	118 mg†
Cacao Ginger Proprietary Blend	1,738 mg†
Organic Raw Cacao bean powder (<i>Theobroma cacao</i>), Organic Ginger root powder (<i>Zingiber officinale</i>)	

† Daily Value not established

† = Ecologically Harvested

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Drive, Brevard, NC 28712
Certified Organic by Oregon Tilth

Vegan • Unsweetened
No Gluten Containing
Ingredients • Soy-free

Find Quick, Easy and Delicious Recipes at
GaiaHerbs.com/Recipes

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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