

**Vegetarian. Free of • gluten • wheat • milk/dairy • eggs • nuts • soy • fish • shellfish • sugar • artificial additives.**

**New! The Multi just for 35+ Moms!**

**100% Recycled, 100% Recyclable, BPA-Free Bottle**  
Remove label to recycle bottle.

◀ To open, press along perforation.

**New Look!**



# Embrace Prenatal 35+™

**Food-Based Multivitamin**

**Meets unique nutritional needs of Moms age 35+\***  
**Promotes healthy brain, eyes, nerves, bone & teeth\***  
**Eases nausea, boosts energy & improves circulation\***

**Gluten-free | Dairy-free**

**90 Vcaps | Dietary Supplement**

## Supplement Facts

Serving Size: 3 Vegetarian Capsules  
Servings per Container: 30

| Amount Per Serving                                  | %DV <sup>1</sup> | Amount Per Serving                                 | %DV <sup>1</sup>  |
|-----------------------------------------------------|------------------|----------------------------------------------------|-------------------|
| Vitamin A (as Natural Mixed Carotenoids, palmitate) | 5,000 IU 63%     | Chromium (as Amino nicotinate)                     | 300 mcg *         |
| Vitamin C (as Ascorbic Acid)                        | 120 mg 200%      | Molybdenum (as Amino Acid Chelate)                 | 75 mcg *          |
| Vitamin D (as D <sub>3</sub> Cholecalciferol)       | 800 IU 200%      | Choline (as Bitartrate)                            | 55 mg *           |
| Vitamin E (as d-alpha Tocopheryl Succinate)         | 30 IU 100%       | Inositol                                           | 15 mg *           |
| Vitamin K1 (as Phytonadione)                        | 80 mcg *         | Lutein (from Aztec marigold)                       | 6 mg              |
| Vitamin K2 (as MK-7)                                | 45 mcg *         | <b>Circulatory Bioflavonoid Blend</b>              | 125 mg            |
| Vitamin B-1 (as Thiamin Mononitrate)                | 24 mg 1,412%     | Lemon Bioflavonoid Complex                         | 25 mg *           |
| Riboflavin (Vitamin B-2)                            | 25 mg 1,250%     | Hesperidin                                         | 50 mg *           |
| Niacin (as Nicotinamide)                            | 40 mg 200%       | Rutin                                              | 50 mg *           |
| Vitamin B-6 (as Pyridoxine)                         | 25 mg 1,000%     | <b>Gentle Digestive Complex</b>                    | 122 mg *          |
| Folic Acid                                          | 800 mcg 100%     | Protease                                           | 1,620 HUT         |
| Vitamin B-12 (as Methylcobalamin)                   | 500 mcg 6,250%   | Amylase                                            | 127 DU            |
| Biotin                                              | 300 mcg 100%     | Lipase                                             | 1 LU              |
| Vitamin B-5 (as Calcium Pantothenate)               | 30 mg 300%       | Cellulase                                          | 1 CU              |
| Calcium (as Mineral-Rich Red Algae)                 | 100 mg 8%        | Betaine HCl                                        | 30 mg             |
| Iron (as Amino Acid Chelate)                        | 30 mg 167%       | ProBioActive™ (Bacillus coagulans)                 | 100,000,000 CFU * |
| Iodine (from inactivated S. cerevisiae)             | 150 mcg 100%     | <b>Energizing Greens &amp; Foods</b>               | 90 mg *           |
| Magnesium (as Glycinate)                            | 100 mg 22%       | Organic Spirulina                                  | 50 mg *           |
| Zinc (as Amino Acid Chelate)                        | 15 mg 100%       | Organic Kale                                       | 8 mg *            |
| Selenium (as Selenomethionine)                      | 200 mcg *        | Organic Collards                                   | 8 mg *            |
| Copper (as Amino Acid Chelate)                      | 1.5 mg 75%       | Powdered Fruit Blend (Prune, Raisin & Pomegranate) | 24 mg *           |
| Manganese (as Amino Acid Chelate)                   | 3 mg *           | <b>Soothing Botanical Blend</b>                    | 91 mg *           |
|                                                     |                  | (equivalent to 706 mg of herbal powder)            |                   |
|                                                     |                  | Ginger [root] Fresh Juice 10:1 Extract             |                   |
|                                                     |                  | Chamomile [flower] 4:1 Extract                     |                   |
|                                                     |                  | Lavender [flower] Essential Oil                    |                   |

\*Daily Value (DV) not established.  
†% DV for pregnant or lactating women.

Other ingredients (natural mineral or vegetable source): silica.  
Capsule: hydroxy propyl methyl cellulose.

## 35+ Age-Specific Support for Conception, Pregnancy & Nursing

- Promotes healthy brain, eyes, nerves, bone & teeth\*  
800 mcg folic acid • B vitamins • choline • lutein • mineral-rich, algae-sourced calcium • vitamin D
- Builds red blood cells & improves circulation\*  
Non-constipating iron • B vitamins • vitamin C • vitamin K1 & K2 • bioflavonoids • zinc
- Maintains blood sugar & boosts energy\*  
Chromium • vitamin C • B vitamins • spirulina • kale • collards
- Helps soothe nausea, muscle aches & tension\*  
Ginger • chamomile • magnesium • lavender
- Gentle on the stomach\*  
100 million probiotics • digestive enzymes

**SUGGESTED USAGE:** Take 3 capsules throughout the day, with or between meals, while trying to conceive, pregnant or nursing.

Your purchase sends life-saving nutrition to at-risk women and children worldwide.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

1.0-1 Formulated & Distributed by  
**RAINBOW LIGHT NUTRITIONAL SYSTEMS®**  
Santa Cruz, CA 95060 ©2013 800.571.4701 www.rainbowlight.com

