



\*Formulated by Mark Timon,  
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MS Clinical Nutrition

*Mark Timon*



# VIBRANT HEALTH®

WHERE SCIENCE & NATURE MEET

Comprehensive Plant Proteins  
Balanced for Rapid & Complete Absorption

# PUREGREEN PROTEIN™

*Amino Acid Ratio of Human Muscle*

VERSION 2.0 VANILLA Tastes Great!

20g of Protein per Serving  
Added B12 & Enzymes

An Alkalinizing, Nutrient Dense,  
Plant Protein Complex\* from  
13.7 lbs of Vegetables with  
All Branched-Chain Aminos (BCAAs)  
to Improve Muscle Synthesis & Endurance\*

**VEGAN/VEGETARIAN**

Net Wt. 470 grams (16.58 oz.)

**CLINICALLY FORMULATED\***

GLUTEN FREE/SOY FREE  
DIETARY SUPPLEMENT



LOOK WHAT'S INSIDE

14 Ingredient Formula

FULL DISCLOSURE LABEL | NO PROPRIETARY BLENDS

## Supplement Facts

Serving Size 1 scoop (31.34 g) Servings per container 15

| Amount per serving                   | % DV*           |
|--------------------------------------|-----------------|
| Calories                             | 120             |
| Calories from fat                    | 13.9            |
| <b>Total Fat</b>                     | 1.54 g 2%       |
| <b>Total Carbohydrate</b>            | 6.61 g 2%       |
| Dietary fiber                        | 1.81 g 7%       |
| Sugars                               | 0.6 g           |
| <b>Protein</b>                       | 20 g 40%        |
| Vitamin A (from beta carotene)       | 6,110 I.U. 122% |
| Vitamin B12 (from Methylcobalamin)   | 250 mcg 4,167%  |
| Calcium                              | 389 mg 39%      |
| Iron                                 | 11.7 mg 65%     |
| <b>Sodium</b>                        | 178 mg 7%       |
| <b>Potassium</b>                     | 145 mg 4%       |
| Yellow Pea Protein                   | 13.19 g **      |
| Alfalfa protein                      | 6.59 g **       |
| Rice protein (certified organic)     | 4.4 g **        |
| Spirulina powder (certified organic) | 2.2 g **        |
| Natural Vanilla Flavor               | 1.5 g **        |
| Natural Sweetener with Luo Han Guo   | 0.9 g **        |
| L-Lysine                             | 730 mg **       |
| L-Threonine                          | 590 mg **       |
| L-Valine                             | 510 mg **       |
| L-Methionine                         | 370 mg **       |
| Natural Almond Flavor                | 0.2 g **        |
| Protease, from Aspergillus niger     | 75 SAPU **      |
| Protease, from Aspergillus oryzae    | 20,000 HUT **   |
| Alpha-galactosidase                  | 300 GalU **     |

\*Percent Daily Values are based on a 2,000 calorie diet

\*\*Daily Value (DV) not established

### Typical Profile of Essential Amino Acids

|                              |        |               |        |
|------------------------------|--------|---------------|--------|
| Leucine                      | 2 g    | Isoleucine    | 1.2 g  |
| Valine                       | 1.8 g  | Threonine     | 1.18 g |
| Lysine                       | 1.7 g  | Phenylalanine | 0.92 g |
| Arginine<br>(semi-essential) | 1.47 g | Tryptophan    | 0.65 g |
|                              |        | Methionine    | 0.59 g |

### ► PureGreen Protein: The Smart Alternative

Most of today's meats and dairy products carry dangerous amounts of growth stimulant, antibiotic, and hormone contaminants. Plant proteins are free of those harmful substances. They can be used in place of animal protein, but only if all the essential amino acids are present in the right combination. Nearly all plant proteins lack one or more essential amino acids, or contain so little of one that it is as if the amino acid were absent. But a few plant proteins fare better. Pea protein ranks highly with an amino acid ratio roughly approximating human muscle. Spirulina protein and rice protein contain good amounts of all essential amino acids.\*

### ► Matches Human Muscle

By combining a variety of plant proteins in correct amounts, and adding a few select free amino acids, we created a pure vegetable protein with an amino acid ratio that surpasses albumin and whey proteins, and is nearly equal to that of human muscle tissue. We call it PureGreen Protein™. Non-GMO protein from Pea, Rice, Spirulina and Alfalfa are joined with four free amino acids (Lysine, Methionine, Threonine and Valine) to create the first all vegetable protein ideally balanced for human compatibility.\*

### ► Branched-Chain Amino Acids

Valine, Leucine and Isoleucine are the Branched-Chain Amino Acids (BCAAs). They are responsible for muscle synthesis and repair. Seventy-Five percent of all BCAAs ingested by infants go to muscle synthesis. Athletes need them too for muscle building and endurance. BCAAs can be consumed for fuel during prolonged exercise. As they are lost, more tryptophan metabolites enter the brain, thereby raising serotonin levels. Elevated serotonin during exercise creates a sense of fatigue. Supplemental BCAAs may reduce perceived exertion and mental fatigue during prolonged exercise by supporting normal BCAA: tryptophan ratios, thereby limiting increased synthesis of serotonin in the brain.\*

► **Directions** As a dietary supplement, once each day - or more often if you would like - mix one level scoop (enclosed) of PureGreen Protein into 8 ounces of your favorite juice, rice or almond beverage, or water. Stir briskly. Drink and prosper. Store in a cool, dry place. Keep out of reach of children. Also available in Chocolate, Mixed Berry and Natural.

### ► Smoothie Recipe

- 1 serving of PureGreen Protein Vanilla
  - 1 ½ cups cold water
  - 1 banana
  - 1 cup banana or vanilla yogurt
  - 1 tbsp. creamy nut butter of choice
- Combine all ingredients, blend until smooth and Enjoy!

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



PLEASE RECYCLE THIS CONTAINER