

# New Look!

Formerly DHA 250 Smart Essentials™

RAINBOW LIGHT®

Ultra-Pure

## Prenatal DHA

Smart Essentials™

JUST 1 ONCE®

### Brain, Eye & Nerve Development\*

Before, During & After Pregnancy

### Gentle on the Stomach\*

### No Fishy Taste or Smell

### No Gluten, Milk, Yeast, Nuts, Eggs or Sugar

60 Softgels Dietary Supplement

**Nourishes Mom & Baby Before, During and After Pregnancy.** One softgel delivers the expert recommended level of DHA\*, plus Vitamin E and choline, to enhance baby's brain, nerve and eye development, and nourish Mom – before and during pregnancy, and while nursing.\*

**Easy to digest and gentle on the stomach\*** with no fishy taste or smell – just a pleasant taste from natural orange oil.

**Exceptional Quality, Purity & Sustainability:** Sourced from sustainable, wild, deep ocean fish, purified by a solvent-free molecular distillation process and independently tested by a certified third party for heavy metals and toxins, in compliance with strict international standards.

**SUGGESTED USAGE:** Take 1 softgel daily, with or between meals.

**Purity Guarantee:** Contains no gluten, lactose/dairy, yeast, nuts, eggs or sugar. Free of artificial colors, flavors, sweeteners, preservatives and additives.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

\*When combined with an average daily intake of 50 mg DHA for a total of 300 mg daily.

Manufactured in Colombia, Formulated & Distributed by  
**Rainbow Light Nutritional Systems®**  
800.571.4701 Santa Cruz, CA 95060  
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To open, press along perforation.  
Please remove label before recycling bottle.

### Supplement Facts

Serving size: 1 Softgel

Servings Per Container: 60

|                                             | Amount Per Serving | %DV  |
|---------------------------------------------|--------------------|------|
| Calories                                    | 10                 | *    |
| Calories from fat                           | 10                 | *    |
| Total Fat                                   | 1 g                | 1%   |
| Vitamin E (as d-alpha Tocopheryl Succinate) | 30 IU              | 100% |
| Choline (as Bitartrate)                     | 50 mg              | *    |
| Purified Deep Sea Fish Oil                  | 416 mg             | *    |
| Omega-3 Fatty Acids                         | 308 mg             | *    |
| Eicosapentaenoic acid (EPA)                 | 33 mg              | *    |
| Docosahexaenoic acid (DHA)                  | 250 mg             | *    |
| Mixed Tocopherols                           | 20 mg              | *    |
| Orange [peel] Essential Oil                 | 15 mg              | *    |

\* Daily Value (DV) not established.

Other Ingredients: soybean oil, yellow beeswax, silica, ascorbyl palmitate, lecithin (soy). Softgel Shell: gelatin, purified water, glycerin, natural caramel color, natural orange oil, zinc oxide, carob. Contains anchovy, sardine, mackerel and/or wild, sustainable, deep sea Pacific Ocean tuna.

**KEEP OUT OF REACH OF CHILDREN.** Consult your health care practitioner prior to use if you are taking medication or have a medical condition.