

SUGGESTED USAGE: Mix or blend 1 level scoop (24 g) daily into 8 oz. of cold water, milk, or your favorite juice.

NOW® Certified Organic Whey Protein is a natural whey protein that is concentrated from organic milk, which was produced without the use of synthetic growth hormones (rBGH), antibiotics or pesticides. It is processed by low temperature ultrafiltration to limit denaturation of the proteins, and is both bioavailable and easily digested. Whey protein also has naturally occurring Branched Chain Amino Acids (BCAA's). These qualities make NOW® Certified Organic Whey Protein ideal for active individuals seeking the most natural and wholesome milk protein for themselves and their families.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Not manufactured with yeast, wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

CODE 2205 V3



Organic Whey Protein

Natural Unflavored

Mixes Easily • Ultrafiltered
Free of rBGH and Antibiotics
Non-GMO

Net Wt. 1 lb. (454 g)



Nutrition Facts

Serving Size 1 Level Scoop (24 g)
Servings Per Container about 19

Amount Per Serving

Calories 100 Calories from Fat 10

% Daily Value*

Total Fat 1 g	2%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 45 mg	2%
Potassium 75 mg	2%
Total Carbohydrate 2 g	< 1%
Dietary Fiber 0 g	0%
Sugars 2 g	
Protein 19 g	38%

Vitamin A 2% • Vitamin C 0%

Calcium 8% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 24 g Serving
L-Histidine	355
L-Isoleucine***	1193
L-Leucine***	2386
L-Lysine	1846
L-Methionine	502
L-Phenylalanine	653
L-Threonine	1702
L-Tryptophan	375
L-Valine***	1116

Non-Essential Amino Acids

L-Alanine	878
L-Arginine	466
L-Aspartic Acid	3450
L-Glutamic Acid	3742
Glycine	396
L-Proline	1490
L-Serine	1135
L-Tyrosine	638

** subject to natural variability

INGREDIENTS: Organic Whey Protein Concentrate and Organic Soy Lecithin (< 1%).

Contains milk and soy.

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Certified Organic by QAI.

***Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening. Please Recycle.