



## Specialized Iron-Free Nutrition for Active Adults – Compatible with Many Prescription Medications

**Research-Based Multivitamin Protection** goes beyond minimal 100% Daily Values, delivering optimal protection for adults over 50 including a high-potency B-complex for energy, managing stress and brain health. **1,000 IU Vitamin D<sub>3</sub>** protects bone strength, immune function, colon and breast health.\*

**Lutein & Lycopene** provides potent extra antioxidant protection. **Enzymes** and shelf-stable **probiotics** support natural digestive balance and immune health.\*

**SUGGESTED USAGE:** For pure and potent protection, take one tablet per day, with or between meals.

**GUARANTEE:** 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose/dairy, wheat, gluten or yeast.

**SafeGuard™** screened for common nutrient contraindications: no added iron for most men and post-menopausal women, PABA for sulfa medication, vitamin K for blood thinning medication, iodine for thyroid concerns and copper contraindicated for cancer patients and survivors.

**CAUTION:** consult a health care professional prior to use if taking any medication.

❖ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL SYSTEMS

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Feel the Difference

RAINBOW LIGHT®

# Active Senior™

JUST 1 ONCE®

Food-Based Multivitamin

B-Complex for Energy & Stress

1,000 IU Vitamin D<sub>3</sub> & Probiotics

Gentle on the Stomach

SafeGuard™

90 Tablets

Dietary Supplement

To open, press along perforation.  
Please remove label before recycling bottle.

## Supplement Facts

Serving Size: 1 Tablet  
Servings per Container: 90

| Amount Per Serving                                 | %DV           | Amount Per Serving                                                  | %DV              |
|----------------------------------------------------|---------------|---------------------------------------------------------------------|------------------|
| Vitamin A (as Beta-carotene, Palmitate)            | 5,000 IU 100% | Molybdenum (as Amino Acid Chelate)                                  | 100 mcg 133%     |
| Vitamin C (as Ascorbic Acid)                       | 120 mg 200%   | Potassium (as Citrate)                                              | 10 mg <1%        |
| Vitamin D (as D <sub>3</sub> Cholecalciferol)      | 1,000 IU 250% | Lemon Bioflavonoid Complex                                          | 25 mg *          |
| Vitamin E (as d-alpha Tocopheryl Succinate)        | 30 IU 100%    | Choline (as Bitartrate)                                             | 30 mg *          |
| Vitamin B-1 (as Thiamin Mononitrate)               | 10 mg 667%    | Inositol                                                            | 10 mg *          |
| Riboflavin (Vitamin B-2)                           | 10 mg 588%    | Boron (as Glycinate)                                                | 1 mg *           |
| Niacin (as Niacinamide)                            | 30 mg 150%    | Nourishing Vitality Blend                                           | 45 mg *          |
| Vitamin B-6 (as Pyridoxine)                        | 15 mg 750%    | 4:1 Vegetable Juice Extract (equivalent to 100 mg vegetable powder) | 25 mg *          |
| Folic Acid                                         | 800 mcg 200%  | Kale, Spinach, Dandelion Greens, Beet                               |                  |
| Vitamin B-12 (as Cyanocobalamin)                   | 200 mcg 3333% | Organic Spirulina                                                   | 20 mg *          |
| Biotin                                             | 150 mcg 50%   | Rosemary (leaf)                                                     |                  |
| Vitamin B-5 (as Pantothenic Acid)                  | 20 mg 200%    | Essential Oil                                                       | 2 mg *           |
| Calcium (as Carbonate)                             | 200 mg 20%    | Lutein (Esters)                                                     | 1,000 mcg *      |
| Magnesium (as Oxide)                               | 100 mg 25%    | Lycopene (from Tomato Extract)                                      | 500 mcg *        |
| Zinc (as Citrate)                                  | 15 mg 100%    | Gentle Digestive Support                                            | 44 mg *          |
| Selenium (as Amino Acid Chelate, Selenomethionine) | 200 mcg 286%  | Protease                                                            | 664 HUT *        |
| Manganese (as Citrate)                             | 2 mg 100%     | Amylase                                                             | 226 DU *         |
| Chromium (as Amino Nicotinate)                     | 200 mcg 167%  | Lipase                                                              | 2 LU *           |
|                                                    |               | Cellulase                                                           | 3 CU *           |
|                                                    |               | Betaine HCl                                                         | 20 mg *          |
|                                                    |               | Lactobacillus Sporogenes                                            | 25,000,000 CFU * |

\*Daily Value (DV) not established.

Other Ingredients (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate.