

Free of • gluten • wheat • milk/dairy • eggs • nuts • fish • shellfish • yeast • sugar • artificial additives. Contains no iron, PABA, vitamin K, iodine or copper.

#1 Natural Multivitamin Brand[†]

100% Recycled, 100% Recyclable,
BPA-Free Bottle
Remove label to recycle bottle.
To open, press along perforation.

#1 Natural 50+ Multivitamin[®] in easy-to-swallow mini-tablets[®]

Research-based, age-specific levels of key nutrients fortify and protect your body's major organ systems to help you stay energetic, sharp and healthy.* Compatible with many common prescription medications.

• Bone, heart, brain & eye health[†]

Vitamins & minerals • lutein • CoQ10

• Energy, normal healthy blood sugar & stress management[†]

Nourishing Vitality Whole Food Blend • potent B complex • chromium • magnesium

• Cellular protection, immune health & anti-aging defense[†]

Antioxidants • 1,000 IU Vitamin D3 • lycopene • probiotics

• Easy digestion: can be taken on an empty stomach[†]

SUGGESTED USAGE: Take 3 mini-tablets daily, together or separately, with or between meals.

KEEP OUT OF THE REACH OF CHILDREN. Consult your health care professional prior to use if you are taking medication or have a medical condition.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

New Look,
Same
Formula!



50+ Mini-Tablet[™]
Food-Based Multivitamin

Anti-aging & energy support in small mini-tablets[†]

Protects heart, bone, brain, eye & immune health[†]

Easy to digest with probiotics & enzymes[†]

Gluten-Free | Iron-Free

180 Mini-Tablets | Dietary Supplement

Supplement Facts

Serving Size: 3 Mini-Tablets
Serving per Container: 60

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta-carotene, Palmitate)	5,000 IU 100%	Potassium (as Citrate)	10 mg <1%
Vitamin C (as Ascorbic Acid)	120 mg 200%	CoQ10 (Coenzyme Q10)	30 mg *
Vitamin D (as D3 Cholecalciferol)	1,000 IU 250%	Lemon Bioflavonoid Complex	25 mg *
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%	Choline (as Bitartrate)	30 mg *
Vitamin B-1 (as Thiamin Mononitrate)	10 mg 667%	Inositol	10 mg *
Riboflavin (Vitamin B-2)	10 mg 588%	Boron (as Glycinate)	1 mg *
Niacin (as Niacinamide)	30 mg 150%	Nourishing Vitality Blend	74 mg *
Vitamin B-6 (as Pyridoxine)	15 mg 750%	4:1 Vegetable Juice Extract	50 mg *
Folic Acid	800 mcg 200%	(equivalent to 200 mg vegetable powder)	
Vitamin B-12 (as Cyanocobalamin)	200 mcg 3,333%	Kale, Spinach, Dandelion, Greens, Beet	
Biotin	150 mcg 50%	Organic Spirulina	20 mg *
Vitamin B-5 (as Calcium Pantothenate)	20 mg 200%	Rosemary (leaf)	2 mg *
Calcium (as Carbonate)	200 mg 20%	Essential Oil	1,000 mcg *
Magnesium (as Oxide)	100 mg 25%	Lutein (Esters)	500 mcg *
Zinc (as Citrate)	15 mg 100%	Lycopene (from Tomato Extract)	500 mcg *
Selenium (as Amino Acid Chelate, Selenomethionine)	200 mcg 286%	Complete Digestive Support	58 mg *
Manganese (as Citrate)	2 mg 100%	Protease (664 HUT [†]), Amylase (226 DU [†]), Lipase (3 FIP [†]), Cellulase (2 CU [†]), Betaine HCl (20 mg [†])	
Chromium (as Amino Nicotinate)	200 mcg 167%	ProBioActive (Bacillus coagulans)	90,000,000 CFU *
Molybdenum (as Amino Acid Chelate)	100 mcg 133%		

*Daily Value not established.

Other Ingredients (natural mineral or vegetable source): microcrystalline cellulose, stearic acid, modified cellulose, silica. Coating: Vegetable food glaze (dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate).

Formulated & Distributed by RAINBOW LIGHT NUTRITIONAL SYSTEMS[®]

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[†]SPINS Data