

Free of • gluten • wheat • milk/dairy • eggs • nuts • fish • shellfish • yeast • sugar • artificial additives. Contains no iron, PABA, vitamin K, iodine or copper.

#1 Natural Multivitamin Brand[†]

100% Recycled, 100% Recyclable,
BPA-Free Bottle

Please remove label to recycle bottle.
To open, press along perforation.

New Look,
Same
Formula!



50+ Mini-Tablet[™]

 Food-Based Multivitamin

Anti-aging & energy support in small mini-tablets*

Protects heart, bone, brain, eye & immune health*

Easy to digest with probiotics & enzymes*

Gluten-Free | Iron-Free

90 Mini-Tablets | Dietary Supplement

Supplement Facts

Continued from other panel

	Amount Per Serving	%DV
Lycopene (from Tomato Extract)	500 mcg	*
Complete Digestive Support	58 mg	*
Protease (664 HUT*), Amylase (226 DU*), Lipase (3 FIP*), Cellulase (2 CU*), Betaine HCl (20 mg*)		
ProbioActive (<i>Bacillus coagulans</i>)	90,000,000 CFU	*

*Daily Value (DV) not established.

Other Ingredients (natural mineral or vegetable source): microcrystalline cellulose, stearic acid, modified cellulose, silica. Coating: Vegetable food grade (dextrin, dextrose, soy lecithin, carboxy methyl cellulose, sodium citrate).

#1 Natural 50+ Multivitamin[†] in easy-to-swallow mini-tablets

Research-based, age-specific levels of key nutrients fortify and protect your body's major organ systems to help you stay energetic, sharp and healthy.*
Compatible with many common prescription medications.

SUGGESTED USAGE: Take 3 mini-tablets daily, together or separately, with or between meals.

KEEP OUT OF THE REACH OF CHILDREN. Consult your health care professional prior to use if you are taking medication or have a medical condition.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS®
Santa Cruz, CA 95060 ©2013 800.571.4701
www.rainbowlight.com

SPINS Data

Supplement Facts

Serving Size: 3 Mini-Tablets
Servings per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Beta-carotene, Palmitate)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Vitamin B-1 (as Thiamin Mononitrate)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (as Niacinamide)	30 mg	150%
Vitamin B-6 (as Pyridoxine)	15 mg	750%
Folic Acid	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	200 mcg	3,333%
Biotin	150 mcg	50%
Vitamin B-5 (as Calcium Pantothenate)	20 mg	200%
Calcium (as Carbonate)	200 mg	20%
Magnesium (as Oxide)	100 mg	25%
Zinc (as Citrate)	15 mg	100%
Selenium (as Amino Acid Chelate, Selenomethionine)	200 mcg	286%
Manganese (as Citrate)	2 mg	100%
Chromium (as Amino Nicotinate)	200 mcg	167%
Molybdenum (as Amino Acid Chelate)	100 mcg	133%
Potassium (as Citrate)	10 mg	<1%
CoQ10 (Coenzyme Q10)	30 mg	*
Lemon Bioflavonoid Complex	25 mg	*
Choline (as Bitartrate)	30 mg	*
Inositol	10 mg	*
Boron (as Glycinate)	1 mg	*
Nourishing Vitality Blend	74 mg	*
4:1 Vegetable Juice Extract (equivalent to 200 mg vegetable powder)	50 mg	*
Kale, Spinach, Dandelion, Greens, Beet		
Organic Spirulina	20 mg	*
Rosemary [leaf] Essential Oil	2 mg	*
Lutein (Esters)	1,000 mcg	*

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