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SUGGESTED USE
SHAKE WELL BEFORE USING
Add one full squeeze of the dropper bulb to
2 oz. of water or juice, two to five times per day.
Best taken between meals.
Keep Out of the Reach of Children
Store away from heat & light

001

alcohol-free

LEMON BALM

NERVOUS SYSTEM

Calming



HERB  PHARM®

HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Lemon Balm Glycerite

*Support for a Calm Mind
& Mild, Occasional Anxiety**

Supplement Facts

Serving Size: 0.7 ml

Servings Per Container: about 168

Amount Per Serving **Ⓔ**

817 mg †

Lemon Balm herb (*Melissa officinalis*) **Ⓔ**

† Daily Value not established

Other Ingredients: certified organic vegetable
glycerin & distilled water. **GLUTEN-FREE**

Ⓔ Certified Organic

Ⓔ Equivalent to approx. 233 mg of herb.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 3

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

CERTIFIED ORGANIC BY ORGANIC CERTIFIERS

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**