

Family owned since 1968.



Ginger Root Extract 250 mg

Digestive Support

- Standardized to min. 5% Gingerols
- Temporary Relief of Upset Stomach*

90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Ginger Extract (*Zingiber officinale*) (Root) 250 mg*
(Standardized to min. 5% Gingerols)

Ginger Powder (*Zingiber officinale*) (Root) 225 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.



Suggested Usage: Take 1 capsule 1 to 3 times daily, or as needed, with food.

Ginger (*Zingiber officinale*) is a plant native to Southeast Asia that has a long history of use by traditional herbalists and is commonly used as a culinary spice. Ginger has more recently been shown to support digestive health and helps to temporarily relieve mild nausea and upset stomach. In addition, Ginger possesses a wide range of powerful free radical-quenching compounds.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (including blood thinners), or have a medical condition (including gallstones). Keep out of reach of children.

CAPSULE SIZE

CODE 4689 V5



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