



Keep Out of the Reach of Children
Store away from heat & light

before taking during pregnancy.

Caution: Seek expert medical advice

Add one full squeeze of the dropper bulb
to 2 oz. of water or juice, two to five times
per day. Best taken between meals.

SUGGESTED USE
SHAKE WELL BEFORE USING

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SHEPHERD'S PURSE

OPTIMAL WELL-BEING



HERB  PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Shepherd's Purse Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving

% DV

Shepherd's Purse flowering herb

(*Capsella bursa-pastoris*) Ⓢ Ⓢ extract 654 mg Ⓢ

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(42-52%) & distilled water. **GLUTEN-FREE**

Ⓢ Certified Organic Ⓢ Fresh (undried)

Ⓢ Equivalent to approx. 467 mg fresh herb.

Fresh herb / menstruum ratio: 1 : 1.5

We prepare our Shepherd's Purse Extract from
fresh (undried) *Capsella bursa-pastoris* plants
which are **Certified Organically Grown** on our
own farm.

HERB PHARM • WILLIAMS, OR 97544

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS