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SUGGESTED USE**SHAKE WELL BEFORE USING**

Add one full squeeze of the dropper bulb to 2 oz. of water or juice, two to four times per day. Best taken between meals.

Caution: Seek expert medical advice before taking during pregnancy. May inhibit platelet aggregation or interact with anticoagulants.

Stop use 7 days before surgery.

Keep Out of the Reach of Children

Store away from heat & light

PMS COMFORT™

SYSTEM RESTORATION**Reproductive**

HERB PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

PMS Comfort™*Provides Comfort During Premenstrual Syndrome****Supplement Facts**

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Proprietary Extract Blend: 628 mg Ⓢ	†
Chaste Tree berry (<i>Vitex agnus-castus</i>) Ⓢ Ⓢ	Dong Qual
root w/out rootlet (<i>Angelica sinensis</i>) Ⓢ	Motherwort
leaf & flower (<i>Leonurus cardiaca</i>) Ⓢ	Muira Puama stem
with bark (<i>Ptychopetalum olacoides</i>) Ⓢ	Ginger rhizome
(<i>Zingiber officinale</i>) Ⓢ	

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (64-74%) & distilled water. **GLUTEN-FREE**

- Ⓢ Certified Organic
- Ⓢ Sustainably Wildcrafted
- Ⓢ Purity Verified
- Ⓢ Equivalent to approx. 154 mg of herb.

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**