



SUGGESTED USE
SHAKE WELL BEFORE USING
Add one full squeeze of the dropper bulb to
2 oz. of water or juice, two to four times per day.
Best taken between meals.
Caution: Seek expert medical advice
before taking during pregnancy.
Keep Out of the Reach of Children
Store away from heat & light

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BLACK COHOSH

SYSTEM RESTORATION

Reproductive



HERB  PHARM®

HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Black Cohosh Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Black Cohosh rhizome w/rootlets

(*Actaea racemosa*)Ⓢ extract 590 mgⓈ

†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (81-91%) & distilled water. **GLUTEN-FREE**

Ⓢ Certified Organic

Ⓢ Equivalent to approx. 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

We prepare our Black Cohosh Extract from the rhizome with rootlet of *Actaea racemosa* plants which are **Certified Organically Grown** on our own farm or in eastern Kentucky.

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CERTIFIED ORGANIC BY ORGANIC CERTIFIERS