Pro Performance® CreaDrive® supplies a scientifically studied blend of Carbohydrates, Creatine, Phosphates and Taurine in a great-tasting grape supplement. This advanced formula is designed for well-trained athletes striving to go beyond their potential.

Creatine is one of the most popular sports supplements among athletes. In the body, creatine is converted to creatine phosphate which helps to fuel skeletal muscles and provides support for immediate energy production during high-intensity workouts.* Over the past several years, numerous studies have shown that creatine supplementation may help to improve athletic performance and promote cellular hydration.*

Eight weeks of supplementation with the CreaDrive formula in male collegiate athletes during off-season training produced significant increases in several performance variables compared to those athletes taking 34g carbohydrate formula alone.* Subjects taking the CreaDrive formula displayed increased performance in the bench press, vertical jump and 100 yard dash compared to those taking the carbohydrate formula alone.*



For More Information: 1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222

*These statements have not been evaluated by the Food and Drug Administration
This product is not intended to diagnose, treat, cure, or prevent any disease.



CODE 350661

DIRECTIONS: As a dietary supplement, mix one scoop (45g) with 6 to 8 ounces of cold water or juice.

Supplement Facts

Serving Size One Scoop (45g) Servings Per Container 20

9/	Daily Value
140	
35 g	12%†
34 g	
200 mg	20%
60 mg	15%
95 mg	4%
80 mg	2%
5.25 g	
1000 mg	
	140 35 g 34 g 200 mg 60 mg 95 mg 80 mg 5.25 g

† Percent Daily Values are based on a 2000 calorie diet

* Daily Value not established.

OTHER INGREDIENTS: Dextrose, Artificial Grape Flavor, Citric Acid, diMagnesium Phosphate, mono Sodium Phosphate, diPotassium Phosphate, Beet Color, FD&C Blue #2, FD&C Red #40.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition. Discontinue use two

weeks prior to surgery.

NOTICE: Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

Place UPC Here

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