

Vegetarian. Contains NO: wheat • gluten • dairy • lactose • tree nuts • peanuts • soy • eggs • fish • shellfish.

#1 Trusted Natural Multivitamin Brand[†]

**100% Recycled, 100% Recyclable,
BPA-Free Bottle**

Please remove label to recycle bottle.
To open, press along perforation.

**New Look,
Same
Formula!**



Busy-Brain Release[™]

 **with Coenzyme Bs,
L-Theanine & GABA**

**Helps release stress & tension*
Promotes mental focus and clarity*
Supports nervous system health***

Gluten-Free | Vegetarian

60 Mini-Tabs | Dietary Supplement

Supplement Facts

Serving Size: 1 Mini-Tab
Servings per Container: 60

	Amount Per Serving	%DV
Vitamin B1 (as Thiamin Cocarboxylase)	1.5 mg	100%
Riboflavin (Riboflavin 5-phosphate)	1.7 mg	100%
Niacinamide (Vitamin B-3)	20 mg	100%
Pyridoxine (as Pyridoxine 5-phosphate)	3 mg	150%
Folic Acid	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Vitamin B-5 (as Calcium Pantothenate)	25 mg	250%
Calming Complex	502 mg	*
L-Theanine	75 mg	*
Gamma-aminobutyric acid (GABA)	250 mg	*
Bacopa [herb]	75 mg	*
Skullcap [herb] 4:1 Extract	50 mg	*
Eleuthero [root] 4:1 Extract	50 mg	*
Lavender [flower] Essential Oil	2 mg	*

*Daily Value (DV) not established.

Other ingredients: (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: Vegetable Food Glaze (hydroxy propyl cellulose, pharmaceutical glaze).

KEEP OUT OF REACH OF CHILDREN. Consult your health care professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

SUGGESTED USAGE: Take one mini-tab daily, or as needed for relaxation.

Formulated & Distributed by
RAINBOW LIGHT NUTRITIONAL SYSTEMS[®]
Santa Cruz, CA 95060 ©2014 800.571.4701
www.rainbowlight.com

Easy-absorbing formula calms brain & body during times of overload, racing thoughts and exhaustion.*

Supports occasional stress and tension while promoting mental focus and clarity – without drowsiness. Helps to nourish and protect from the effects of stress, and maintain well-being during demanding times.*

- **Helps release feelings of occasional stress & nervous tension***
Coenzyme B vitamins • skullcap • lavender
- **Nourishes the nervous system and helps blunt excess cortisol secreted during times of stress***
GABA • L-theanine • bacopa • eleuthero
- **Quiets the mind while promoting mental focus and clarity – without drowsiness***
Easy-absorbing coenzyme B vitamins • GABA • L-theanine

No added artificial colors, flavors, preservatives or sweeteners.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.