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Keep Out of the Reach of Children
Store away from heat & light

before taking during pregnancy.

Caution: Seek expert medical advice

Add one full squeeze of the dropper bulb
to 2 oz. of water or juice, two to four times
per day. Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

007

whole root **OSHA** RESPIRATORY SYSTEM



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Osha Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Osha root	†
(<i>Ligusticum porteri</i>) Ⓢ extract 612 mg Ⓢ	

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(71-81%) & distilled water. **GLUTEN-FREE**

Ⓢ Sustainably Wildcrafted

Ⓢ Equivalent to approx. 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

We prepare our Osha Extract from the
root of *Ligusticum porteri* plants which are
Sustainably Wildcrafted in their natural
habitat.

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