



Now! **ALLERGEN**
SafeGuard® Guaranteed free of gluten,
 yeast, milk, eggs, soy, nuts, fish/shellfish.

Supplement Facts

Continued from other panel

	Amount Per Serving	%DV
Complete Digestive Support	27 mg	*
Plant-source Enzymes Protease (2,434 HUT*), Amylase (844 DU*), Lipase (8.94 LU*), Cellulase (9.9 CU*)		
<i>Lactobacillus Sporogenes</i>	75 million CFU	*

* Daily Value (DV) not established

Other Ingredients (natural mineral or vegetable source): cellulose, stearic acid, modified cellulose, silica. Coating: vegetable food glaze (hydroxy propyl methyl cellulose).

The Brain Performance Multivitamin

L-Theanine and targeted botanicals, in a comprehensive multivitamin formula, support a healthy nervous system and promote a sense of focus and calm.*

SUGGESTED USAGE: 1-3 tablets daily, with or between meals.

GUARANTEE: 100% Natural – Free of artificial colors, flavors, sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar or lactose.

CAUTION: Consult a health care professional prior to use if taking any medication.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Formulated & Distributed by **Rainbow Light Nutritional Systems**®
 Santa Cruz, CA 95060 Made in the USA ©2011 www.rainbowlight.com

RAINBOW LIGHT®

Brain & Focus™ Multivitamin Ideal for Teens & Adults



Promotes Focus & Concentration
Nervous System Support
Choline, L-Theanine, B-Complex

90 Tablets Dietary Supplement

To open, press along perforation.
 Please remove label before recycling bottle.

Supplement Facts

Serving Size: 3 Tablets

Servings per Container: 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Palmitate)	7,500 IU 150%	Copper (as Amino Acid Chelate)	750 mcg 38%
Vitamin C (as Ascorbic Acid)	150 mg 250%	Manganese (as Amino Acid Chelate)	2.25 mg 113%
Vitamin D3 (as Cholecalciferol)	750 IU 188%	Chromium (as Aminonicotinate)	150 mcg 125%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU 100%	Molybdenum (as Amino Acid Chelate)	75 mcg 100%
Vitamin K (as Phylloquinone)	75 mcg 94%	Choline (as Bitartrate)	30 mg *
Vitamin B-1 (as Thiamin Mononitrate)	22.5 mg 1,500%	Inositol	22.5 mg *
Riboflavin (Vitamin B-2)	22.5 mg 1,324%	Organic Spirulina	45 mg *
Vitamin B-3 (as Niacinamide)	22.5 mg 113%	4:1 Vegetable Juice Extracts	30 mg *
Vitamin B-6 (as Pyridoxine)	22.5 mg 1,125%	(equivalent to 120 mg of powder) Kale, Spinach, Dandelion Greens, Beet Juice	
Folic Acid	600 mcg 150%	Citrus Bioflavonoid Complex	15 mg *
Vitamin B-12 (as Cyanocobalamin)	30 mcg 500%	Brain Support Blend	546 mg *
Biotin	75 mcg 25%	(equivalent to 1,299 mg of herbal powder) American Ginseng [root] 4:1, Bacopa [herb], Ginkgo [leaf] Extract 24:6, Rhodiola [root] 3:1 Extract	
Vitamin B-5 (as Calcium Pantothenate)	22.5 mg 225%	L-Theanine	75 mg *
Calcium (as Carbonate)	300 mg 30%		
Iron (as Amino Acid Chelate)	9 mg 50%		
Magnesium (as Oxide)	150 mg 38%		
Zinc (as Amino Acid Chelate)	9 mg 60%		
Selenium (as Selenomethionine)	37.5 mcg 54%		