VIBRANT HEALTH®

WHERE SCIENCE & NATURE MEET

Supplement Fa		
Serving Size 1 scoop (28.74 g) Si	ervings per con	tainer 15
Amount per serving		% DV*
Calories	112	
Calories from fat	14.6	
Total Fat	1.63 g	394
Total Carbohydrate	4.17 g	1%
Dietary fiber	1.68 g	7%
Sugars	0.29 q	
Protein	20 g	40%
Vitamin A (from beta carotene)	4,890 i.u.	98%
Vitamin B12 (from Methylcobalamin)	250 mcg	4,167%
Calcium	283 mg	28%
Iron	10.8 mg	60%
Sodium	166 mg	7%
Potassium	137 mg	4%
Yellow Pea Protein	13.19 g	**
Alfalfa protein	6.59 g	**
Rice protein (certified organic)	4.4 g	**
Spirulina powder (certified organic)	2.2 g	**
L-Lysine	730 mg	**
L-Threonine	590 mg	**
L-Valine	510 mg	**
L-Methionine	370 mg	**
Protease, from Aspergillus niger	75 SAPU	**
Protease, from Aspergillus oryzae	20,000 HUT	**
Alpha-galactosidase	300 GaIU	**

Typical Profile of Essential Amino Acids				
Leucine	2 g	Isoleucine	1.2 g	
Valine	1.8 g	Threonine	1.18 g	
Lysine	1.7 g	Phenylalanine	0.92 g	
Arginine		Tryptophan	0.65 g	
(seni-essetia	1 1.47 g	Methionine	0.59 a	

VIRRANT HEAITH® WHERE SCIENCE & NATURE MEET

Comprehensive Plant Proteins
Balanced for Rapid & Complete Absorption

PUREGREEN

Amino Acid Ratio of Human Muscle

VERSION 2.0 NATURAL Tastes Great

20g of Protein per Serving Added B12 & Enzymes

An Alkalinizing, Nutrient Dense,

Plant Protein Complex* from

13.7 lbs of Vegetables with All Branched-Chain Aminos (BCAAs) to Improve Muscle Synthesis & Endurance*

10 SINGLE SERVING PACKETS VEGAN/VEGETARIAN Net Wt. 287 4 grams (10 14 oz.)

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GLUTEN ERFE/SOY FREE DIETARY SLIPPI EMENT

> 11 Ingredient Formula

VIBRANT HEALTH® WHERE SCIENCE & NATURE MEET

The ONLY protein supplement with the amino acid balance of human muscle. Why even consider anything else?

*▶ PureGreen Protein: The Smart Alternative

Most of today's meats and dairy products carry dangerous amounts of growth stimulant, antibiotic, and hormone contaminants. Plant proteins are free of those harmful substances. They can be used in place of animal protein, but only if all the essential amino acids are present in the right combination. Plant proteins in general lack one or more essential amino acids, or contain so little of one that it is as if the amino acid were absent. Other plant proteins fare better. Pea protein ranks highly with an aming acid ratio roughly approximating human muscle. Spiruling protein and rice protein contain good amounts of all essential amino acids.*

Matches Human Muscle

By combining a variety of plant proteins in correct amounts, and adding a few select free amino acids, we created a pure vegetable protein with an amino acid ratio that surpasses albumin and whey proteins, and is nearly equal to that of human muscle tissue. We call it PureGreen Protein. Non-GAM protein from Pea. Rice. Spirulina and Alfalfa are joined with four free amino acids (Lysine, Methonine. Threonine and Valine) to create the first all vegetable protein ideally balanced for

► Branched-Chained Amino Acids

Valine, Leucine and Isoleucine are the Branched Chain Amino Acids (BCAAs). They are responsible for muscle synthesis and repair, 75% of all BCAAs ingested by infants go to muscle synthesis. Athletes need them too for muscle building and endurance, BCAAs can be consumed for fuel during prolonged exercise. As they are lost, more tryptophan metabolites enter the brain, thereby raising serotonin levels. Elevated serotonin during exercise creates a sense of fatigue. Supplemental BCAAs may reduce perceived exercise and mental fatigue during prolonged exercise by supporting normal BCAAs: troyotonha ratios. thereby limiting increased synthesis of serotonin in the brain.*

These statements have not been evaluated by the food and Down Administration



Fach serving provides 28.74 grams of specially selected venetable proteins and free amino acids, carefully combined so their amino acid profile closely matches that of human muscle tissue.

Directions As a dietary supplement, once each day - or more often if you would like - mix one packet of PureGreen Protein™ into 4 to 8 ounces of your favorite juice, rice, or almond beverage, or water Stir Briskly Drink enjoy and prosper. Store in a cool, dry place. Keen out of reach of children

► Smoothie Recine

1 parket of PureGreen Protein Natural 1 cup cold water, 1/2 cup Pomegranate Juice

1 hanana 6 strawherries 1 cup plain Greek vogurt

1/4 slice of fresh Ginger Root Combine all ingredients, blend until smooth and Enjoy!

► Also Available In Vanilla, Chocolate, & Mixed Berry



Manufactured for & Distributed by Vibrant Health, Canaan, CT 06018 1-800-242-1835, www.vibranthealth.us, MADE IN THE USA SINCE 1992



